Academic Success Center

Class of 1956 Academic Success Center Building
Clemson University
What do you know about transitioning from one college to another college?
Who are the Transfer Students?

- College enrollment of high school graduates has risen over the past thirty years to greater than 40%
- 33% of all students will transfer at least once and 20% will transfer two or more times
- A growing number of students begin their collegiate studies at a community college – more than 42% at this point
- Studies show that more than 71% of students beginning at a community college plan to earn a bachelor’s degree, which involves transferring
Transfer Shock

• What is it?
  A decrease in the transfer student’s grade point average during their first semester at the new institution, in comparison to their grade point average at their previous institution.

• What has been reported?
  Studies have indicated that students lose about 1/3 of a grade point in transferring
  (Hill, 1965; Richardson & Doucette, 1980; Diaz, 1992; Carlan & Byxbe, 2000; Pennington, 2006)
Issues Facing Transfer Students

- “Culture” shock
- Differences in academic regulations
  Continuing enrollment policies, etc.
- Differences in academic policies
  Dropping a class, academic forgiveness, deadlines, etc.
- Not prepared for the rigor of upper level courses
- Professors’ expectations may be different
- Grading standards may be different
How can the ASC help your Clemson student be successful?
ASC Services (FREE!)

- Tutoring
- Supplemental Instruction
- Academic counseling
- Academic coaching
- Workshops
  - Fall and Spring workshop series
Tutoring

• Group tutoring, Sunday-Thursday
  • 90+ courses per semester
  • Afternoon and evening schedules
  • Drop-in, no appointment needed

• Four Tutor Zones
  • Cooper Library, Level 5
  • Hendrix Center Lounge
  • University Union Loggia
  • 1956 ASC Building

• Tutor Request Policy
  (Deadline for fall semester is Friday, November 8, 2013)
Supplemental Instruction/ PASS

• Peer-led group study program that helps students master course content and develop transferable independent learning strategies

• PASS is a variant with differences only in number and length of sessions and number of sections per leader

• Targets high-risk (challenging) courses

• 15 courses, 150+ sections in fall ’13

• Impact – and importance of 6+ visits
SI/PASS Use and Effectiveness

Attendance (as % enrolled)

Final course grade Fall 2012
Impact of SI/PASS on Academic Performance in High Risk Courses (Fall 2012)
SI/PASS Student Comments

• “Going to SI is why I passed PHYS 122! I got a D on the first two tests and started going regularly. I ended up with a B for the course!”

• “I went to SI every week as part of my study routine so I could get extra practice on the problems, and because, well, why not?”
Academic Counseling

• One-on-one consultations

• Study Behavior Inventory (SBI)
  (After arriving on campus, take SBI and meet with Mrs. McGregor)

• Topics discussed include...
  • Test anxiety/test preparation
  • Time management
  • Understanding & remembering course material
  • Using effective study strategies
Student Comments from Counseling Evaluations

- “I now read more actively and better understand the material.”
- “I have less anxiety and my grades are improving.”
- “My grades have improved significantly and I am a happier person.”
- “The 5-day study plan has helped me to not procrastinate as much and to be more prepared for tests.”
- “The strategies have helped in day-to-day activities as well as my long-term comprehension.”
- “I am overall studying more and my grades are better.”
Academic Coaching

• Benefits of Academic Coaching
  • Discover personal strengths and learning style
  • Enhance organization skills and improve time management
  • Develop a plan for attaining goals and evaluating feedback to achieve academic success

• Weekly meetings
  • Personalized sessions
  • One-on-one setting
Academic Skills Workshops

- Semester workshops - topics include:
  - Note-taking
  - Test-taking Strategies
  - PROCRASTINATION 101 (Sign up Today or Whenever)
  - Reading at the Speed of Sight
  - Stress management

- Schedule, detailed descriptions and registration link can be found on the ASC website
Who is using ASC services?
Students Using ASC Services
Fall 2012
(Percentage by GPR Range, n= 5185)
• Construction of the Class of 1956 Academic Success Center was completed in the spring and the building dedication was held April 12, 2012.

• The building also is a home for the
  • Writing Center
  • ePortfolio Center
  • Office of Student Disability Services.
Student Disability Services

• SDS provides appropriate and reasonable accommodations for students with documented disabilities

• Have an IEP or 504 Plan in high school? Contact the SDS Office at (864)656-6848
## Student Disability Services
### Spring 2013

### Number of students: 735

<table>
<thead>
<tr>
<th>Disability Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attention Deficit Hyperactivity Disorder</td>
<td>335</td>
</tr>
<tr>
<td>Deaf/Hard of Hearing</td>
<td>10</td>
</tr>
<tr>
<td>Learning Disability</td>
<td>158</td>
</tr>
<tr>
<td>Medical Disability</td>
<td>119</td>
</tr>
<tr>
<td>Mobility Impairment</td>
<td>8</td>
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<tr>
<td>Psychological Disability</td>
<td>86</td>
</tr>
<tr>
<td>Traumatic Brain Injury</td>
<td>11</td>
</tr>
<tr>
<td>Visual Impairment/Blind</td>
<td>8</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>735</strong></td>
</tr>
</tbody>
</table>

In many cases students are identified with more than one diagnosis. This data indicates the primary category only.

The total number of 735 does not include:
- 29 referrals to Redfern Health Center for ADHD Rx
- 83 referrals to Parking Services for short-term parking permits

5/6/13
Does the ASC help?
Students who use ASC services are more likely to keep their SC scholarship.

**SC scholarship retention rate:** 70.3%. Based on number of ASC services used by all first-time, full-time SC freshmen who entered Clemson fall 2011 with HOPE, LIFE or Palmetto Fellows scholarships (n=1828). Services used include tutoring, workshops, and six+ SI visits in a course/semester.
Students who use ASC services are more likely to graduate at a higher rate.

Six-year graduation rate: 80.4%. (Percentage of 2005 cohort who graduated in six or fewer years). Based on impact of career usage of ASC services while a Clemson student. Services used include tutoring, workshops, six+ SI visits in a course/semester, and attending CU 101.
Transfer students who use ASC services are more likely to .... have lower probation rates

Transfer probation rate: 18.7%. (Percentage of Fall 2012 transfer students (n=1112) who were on probation after their first semester). Based on number of ASC services used their first semester at Clemson. Services used include tutoring, workshops, and six+ SI visits in a course/semester.
Some additional thoughts from the ASC staff....
Approximately 18% of the new transfer students in fall 2012 were on academic probation after their first semester at Clemson (GPR below 2.0).

Why Do You Think Students are not successful?
Why Students Fail……

- Poor time management
- Sleep problems (sleep deprivation, etc.)
- Relationship problems
- Procrastination
- TV, Video Games, Internet, Texting, FB
- Not handing in assignments
- Poor study habits
- Homesick
- Unclear about what they want from college
- What about alcohol?

Data from national surveys
Can alcohol consumption have a negative impact on grades?

Overall Average Number of Drinks per Week by GPA for All Students

Source: Core Institute, Student Health Programs, Southern Illinois University, 2008
Importance of Attending Class: Attendance & Performance

Take Home Message: Go to class!!
Performance Lapses

- Adequate sleep: Few lapses in attention during the daytime.
- Staying awake to study at night?
  - Expect to have more difficulty focusing on material.
  - Expect to learn less and recall less than if you study during the day.
Brain Activity and Performance on a Math Task

Normal Sleep

Sleep Deprivation

Adapted from Drummond et al., 1999
What do current students have to say about the ASC and our services?

• I went from straight C’s to straight A’s and am still at Clemson because of the ASC.
• SI is a wonderful program and my SI leader was amazing. He was always prepared and found ways to make even the more challenging things easy to understand.
• Being an SI leader has turned out to be so much more than just a job. It has opened up a new world to me. I now feel as though I want to continue teaching in some form forever.....
• The ASC has motivated me to work harder.
• The new building symbolizes the impact the ASC has on students.
Questions?

We can only help the students who come to us. Please contact us at:

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