

Improve Your Study Skills with the Study Behavior Inventory!

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| <p>Benefits</p> | <ul style="list-style-type: none"> ◆ Identify learning skills strengths as well as areas needing improvement. ◆ Get recommendations and tips on how to specifically improve your own study skills. <ul style="list-style-type: none"> *General Study Skills *Time Management *Note-Taking Style *Test-Taking Skills *Academic Confidence *Reading Comprehension *Writing Skills *Test Anxiety ◆ The inventory consists of 46 survey questions and takes about 15 minutes to complete. ◆ Students receive a printed report which provides scores in the target areas, tips on how to improve those areas, and campus resources which can assist them in succeeding academically. |
| <p>Follow-up</p> | <ul style="list-style-type: none"> ◆ Ms. Lori McGregor, a counselor in the ASC, is available to interpret your scores, help you apply the SBI recommendations, and develop strategies to improve your study skills. She will also assess how you currently prepare for your most challenging courses and suggest more effective ways of learning and retaining course material. ◆ The ASC receptionist can set up an appointment for you once you've completed the SBI, or you may call the ASC at (864) 656-6452 and she will be happy to schedule one for you. |
| <p>Location</p> | <ul style="list-style-type: none"> ◆ Students may complete the instrument in the Academic Success Center (ASC) on the 3rd level of Cooper Library. |
| <p>Time</p> | <ul style="list-style-type: none"> ◆ The ASC is open every weekday from 8:00am to 4:30pm. |
| <p>Cost</p> | <ul style="list-style-type: none"> ◆ The SBI is FREE for all students. |