Seeing is believing... believing in healing

By Jessica Sibley

Clemson University researcher connects human health and our environment

An example of a prospect image fills the frame. It gives people a sense of being aware of their surroundings for a long distance, which is calming to many people.

This is an example of a hazard image. Thanks to research being done by Ellen Vincent, Clemson University professor of horticulture and environmental specialists, much is being learned about certain images and their effects on stress level and physical well-being of people.

"That's why her research stems from the theory that open heart surgery patients in Uppsala, Sweden, reported less anxiety when they were exposed to nature photographs than did patients with a virtual view of an abstrct, colorless panel," she said. "The mixed prospect and refuge image treatment was the most effective at distracting participants from pain, but it should not be considered a panacea. For patients who have been recorded.

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