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Get More Flowers by Deadheading

Deadheading or the removal of spent flower heads will give you more flowers to enjoy. With the heat, gardeners have a tendency of doing very little in the summer or what I call “Deadheading.” However, getting out of the air conditioning and truly deadheading your flowers, shrubs, and trees will revitalize you and your yard.

Plants live to reproduce. The end result of flowering is the seed produced for the next crop of flowers. Once seed is produced many plants, kind of give up on producing flowers since their main reason for living (reproduction) is complete. After the removal of the spent flowers or seedheads by deadheading, plants revert to the reproductive mode and start flowering again.

Deadheading rejuvenates flowering on many types of plants including annuals, perennials, shrubs and trees. Spent flowers can be removed anytime even before they have gone to seed. However, during the mid-summer many spring flowers are gone to seed and need to be removed to allow for a flush of flowers in the fall. This is particularly true with crepe myrtles. Crepe myrtles flower on new growth. Cutting off the heavy seedheads will reduce the weight at the end of the branches, allow the branches to spring upwards, encourage new growth, and cause more flowering.

Deadheading now will ensure more beautiful flowers in the fall. This will make our return to the garden from our air conditioned, summertime hibernation more enjoyable. After the heat has gone and the crispness of fall is in the air, even the most heat stressed northerner will agree that “It is wonderful gardening in the south.”

To learn the specifics on gardening we have both free and for-sale publications at our office in the back of the Public Services Building on the corner of Third Loop and Irby. You may also visit our Home & Garden Information Center through our web site at www.clemson.edu/florence. I may be contacted through our web site, amelton@clemson.edu, or 661-4800.

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