



South Carolina Extension Family and Consumer Sciences Newsletter

March 2003

Clemson News

On February 20, Clemson University sponsored an Emphasis Area meeting for the new focus area entitled, "Family and Community Living." It is one of eight focus areas outlined in Clemson's Academic Plan. "The foundation for Clemson's Academic Plan is a call to focus our talents, energies, and resources on eight broad "emphasis areas" that foster collaboration and promote the integration of teaching, research, and service. Instead of marshalling all of our resources to departments and colleges, we will focus on programs that provide interdisciplinary research and service venues, unique platforms for enhanced scholarship, and increased opportunities for graduate and undergraduate students."

The meeting brought together a large group of faculty, researchers, and staff from across the University and state who are interested in collaborating on about twenty niche areas identified within this area. Information about the emphasis areas will be posted on the Clemson University homepage <http://www.clemson.edu/>. Just click on Academic Emphasis Areas and select the area you wish to review.

In February, Toni Pipkins, Extension Associate/State 4-H Program Coordinator, moved her office location to the Orangeburg County Extension Office. Her address is P. O. Box 1206, 550 Henley Street, Orangeburg, SC 29116-1206. The office telephone number is 803-534-6280 and Toni's email address is tppkns@clemson.edu.

Please forward this newsletter on to others you believe would benefit from reading it. My main distribution list is the FCS Leadership Team and the agents currently designated as FCS agents for Clemson Extension. I hope to soon have a distribution list for South Carolina State agents also. Individuals not currently receiving the newsletter directly should email me (nporter@clemson.edu) and ask to be placed on the distribution list. Of course, if you feel that you are overwhelmed with email and would like to be removed from the distribution list, I would be happy to do that as well.

I really need you to send me information for this newsletter that you think would be helpful for me to share with others. If you don't send it to me, I am likely to call or email and ask for something for the newsletter!

Educational Programs

Taking Charge in Challenging Times

As I read the newspaper and listen to the television, I am reminded that our Taking Charge in Challenging Times publication (EC 692) can be an important resource for individuals and families facing a period of reduced income due to National Guard Call-Ups, employer down sizing, furloughs, or disability. This publication provides critical information on assessing the situation and making plans to survive a financial crisis. It also provides a discussion of how to handle the stress that accompanies challenging times. It is likely that county Extension offices have an inventory of these publications, but the publication is also available electronically at the following address: <http://virtual.clemson.edu/groups/psapublishing/Pages/FYD/finplan.htm>. It is a fairly long publication so you may encounter some difficulty with the download.

Additional resources on this topic were provided in a notebook and box of resource materials for participants of the Taking Charge in Challenging Times inservice training that was held in 1996. If the state staff may assist you further in this area, please contact us: Nancy Porter (nporter@clemson.edu) or Deborah Thomason (dthmsn@clemson.edu).

EPA Aging Initiative

The EPA has announced a new aging initiative to protect older persons from environmental health threats. The EPA is focusing on protecting the health of older Americans. The number of older Americans is increasing and the first of the baby boomers will turn 65 in 2011. The initiative will look at the impact the elderly have on the environment and ecosystems as well as encourage older persons to volunteer in their own communities to reduce hazards and protect the environment for future generations. The first meeting of the initiative was attended by 35 different organizations.

Subject Matter Updates

May is National Older Americans Month. This year's theme, selected by the Administration on Aging, is the "Many Faces of Aging." More information may be obtained at <http://www.aoa.dhhs.gov/>.

A new elder nutrition education resource has been prepared to help with your local efforts, Depression and the Older Adult. The resource consists of an agent background, related Internet links, a visual and script, and a consumer handout. This lesson can be delivered in 10-20 minutes and addresses the interrelationship between nutrition, depression and health. The resource is available as a PDF file on the Food and Nutrition Extension Website, http://fcs.tamu.edu/food_and_nutrition/index.php. It is best to save the resource to your C: drive and print from there.

In addition, the FDERM website contains elder resources at:

<http://fcs.tamu.edu/families/aging/index.php>.

Other elder nutrition resources are available to help in celebrating Older Americans Month including DETERMINE to Know the Warning Signs of Poor Nutrition and the series Take Aim for Nutrition and Health.

EPA Lead Grant

The following agents have been assigned by their regional directors to work on the EPA lead grant:

Janet Ensor (jensor@clemson.edu) -- Anderson
 Monica Miller (mmlr@clemson.edu) -- Lexington
 Sherretta Wright (sherrew@clemson.edu) -- Darlington/Florence
 Zoe James (zjms@clemson.edu) -- Charleston

Professional Development

SCEAFCS Annual Conference

SCEAFCS held its first joint annual meeting with SCAFCS and SCATFACS February 26 - 28 at the Hilton Garden Inn in Rock Hill. The conference was kicked off with a tour to the Southern Spring Show in Charlotte and provided FCS agents an opportunity to network with and learn from FCS professionals outside of Extension.

Highlights of the conference included speeches by Dr. Doris Helms, Provost and Vice-President of Academic Affairs at Clemson; Barbara Cannon, National FCS Teacher of the Year; and Dr. Sharon Nickols, AAFCS President from the University of Georgia.

SCEAFCS presented six state awards at the Awards and Recognition Luncheon. Congratulations to each of the following individuals for their exceptional educational programs:

Continued Excellence Award - Gloria Jenkins
 Early Career Extension Educator of Year Award - Christine Patrick
 Newsletter - Marilyn Peters
 Educational Technology - Dawn Price
 Educational Curriculum - Eleanor Jones
 Educational Publication - Susan Hovey

South Carolina Family and Community Leaders

Please be reminded that the Family and Community Leaders will hold their spring district

meetings in March. The following dates have been scheduled:

March 12, 2003	Coastal District Meeting	Contact Leslee Spivey (lspvy@clemson.edu)
March 13, 2003	Foothills District Meeting	Contact Dawn Price (dprc@clemson.edu)
March 14, 2003	Central District Meeting	Contact Linda Abney Wilson (labney@clemson.edu)

Success Stories

Tooting Our Own Horn

The National Extension Association For Family and Consumer Sciences and the National Association of Family and Consumer Educators has created a series of 15-30 second public service announcements to promote Family and Consumer Science and the work Extension does throughout the nation. The series is titled "Living Well." Each segment ends with "Raising Kids, Eating Right, Spending Smart...Living Well."

Currently the PSA's are being aired during the At Home Southern Style (formerly known as CUE Magazine) program. SCEAFCS' goal is to obtain a commitment to air the public service announcements at ten television stations across SC. If you have contacts with local TV or Radio stations and would like to help us reach our goal, please contact Alice Campbell (acmpbll@clemson.edu).

Funding Opportunities

Do you have a great idea for a program that would have a great impact on the folks living in your county, but need to find a grant that would provide funding for your work? You might try checking the resources of the Community Foundation nearest you for local grant opportunities. A few of these resources are listed here. Good luck on your search for funding opportunities. For more information, contact Kathy Wright (kwrght@clemson.edu).

South Carolina State Library Grant and Funding Sources: <http://www.state.sc.us/scsl/grants.html>

Columbia Community Connections: <http://www.cccfsc.org/>

The Spartanburg County Foundation: <http://www.spcf.org/>

The Community Foundation (serving Coastal South Carolina): <http://www.ccfives.org/>

Community Foundation of Greater Greenville: <http://www.cfgg.com/>

Website Links

Profile of Older Americans

The Administration on Aging has the latest key statistics on older Americans with charts and descriptions about population, health, income, and living arrangements.

<http://www.aoa.gov/eldfam/eldfam.asp>

AARP's Research Center may also have research reports with just the information you need.

<http://aarp.post.intellimedia.com/UM/T.asp?A910.11771.1275.6.18674>

Product Recalls

The Consumer Product Safety Commission's (CPSC) website lists CPSC recalls from May 1973 to the present.

<http://aarp.post.intellimedia.com/UM/T.asp?A910.11771.1275.9.18674>

Additionally, the Food and Drug Administration (FDA)'s website lists its recall and safety alerts at: <http://aarp.post.intellimedia.com/UM/T.asp?A910.11771.1275.10.18674>

Calendar of Events

Public Issues Leadership Development Conference, May 4-7, 2003, Arlington, VA. Sponsored by the Joint Council of Extension Professionals. Information at <http://www.jcep.org/>.

Fueling Family Dreams by Promoting Family Resiliency, Pre-conference of the American Association of Family and Consumer Sciences, June 26-27, 2003, Washington, DC. Contact Nancy Porter (nporter@clemsun.edu).

American Association of Family & Consumer Sciences, June 28 - July 1, 2003, Washington, DC. Information at <http://www.aafcs.org/>.

2003 Summer School of Gerontology, August 3-8, 2003, Coastal Carolina University. Sponsored by the DHHS, Bureau of Senior Services. Contact Kay Mitchell (mitchelk@dhhs.state.sc.us; 803-898-2847)

Galaxy II, a national conference for Cooperative Extension Educators, September 21-25, 2003, Salt Lake City, UT. Information at <http://www.jcep.org/galaxy2.pdf>.

South Carolina Conference on Aging, November 20-21, 2003, The Crowne Plaza Hotel, Hilton Head Island. Contact Kay Mitchell (mitchelk@dhhs.state.sc.us; 803-898-2847) or Marcia Baxley (baxley@dhhs.state.sc.us; 803-898-2830)

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