

Zahra Rahemi, PhD, RN

Clemson University
College of Behavioral, Social, and Health Sciences
School of Nursing
605 Grove Road, Greenville, SC
United States
zrahemi@clemson.edu
RN license number: 244416

EDUCATION

| | | |
|-------------|---|--|
| 2013 - 2017 | Doctor of Philosophy in Nursing | Florida Atlantic University, FL, USA |
| 2004 - 2007 | Master of Science in Nursing-Med-Surg Nursing | Shahid Beheshti University of Medical Sciences, Tehran, Iran |
| 1999 - 2003 | Bachelor of Science in Nursing | Kashan University of Medical Sciences, Kashan, Isfahan, Iran |

PROFESSIONAL EXPERIENCES

A. ACADEMIC POSITIONS

| | | |
|--------------|---------------------------------|---|
| 2018-present | Assistant Professor | Clemson University |
| 2013 - 2017 | Research and Teaching Assistant | Florida Atlantic University, FL, USA |
| 2009 - 2012 | Faculty Member, Instructor | Kashan University of Medical Sciences, Kashan, Iran |

B. CLINICAL & ADMINISTRATIVE POSITIONS

| | | |
|-----------|--|--|
| 2007-2009 | Chief Nursing Officer (CNO) | Naghavi Specialist and Subspecialty Hospital, Kashan, Iran |
| 2007-2009 | Chair of Hospital Committees | Naghavi Specialist and Subspecialty Hospital, Kashan, Iran |
| 2005-2007 | Nurse Educator / Supervisor | Naghavi Specialist and Subspecialty Hospital, Kashan, Iran |
| 2002-2004 | Staff Nurse – Medical Surgical, Emergency (ED), & Intensive Care Units (ICU) | Naghavi Specialist and Subspecialty Hospital, Kashan, Iran |

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RESEARCH PUBLICATIONS & SCHOLARLY WORKS

JOURNAL ARTICLES

Rahemi, Z. & Parker, V. (2021). Does culture matter? Young and middle-aged Iranian-American adults' perspectives regarding end-of-life care planning. *American Journal of Hospice and Palliative Medicine*. [Accepted]

Mazreati, N., **Rahemi, Z.**, Aghajani, M., Mirbagher Ajorpaz, N. & Mianehsaz, E. (2021), Effect of craniosacral therapy on intensity of chronic back pain of nurses: A randomized controlled trial. *Nursing Practice Today*, 8(4), 313-321.

Rahemi, Z. & Fasolino, T. (2020). End-of-Life Care Terminology: A Scoping Review. *Advances in Nursing Science*, 44(2). 148-156. doi: 10.1097/ans.0000000000000334

Yazdani Darki, M., **Rahemi, Z.**, Adib-Hajbaghery, M., & Izadi-Avanji F. S. (2020). Older adults' barriers to use technology in daily life: A qualitative study. *Nursing and Midwifery Studies*, 9(4). 229-236. doi: 10.4103/nms.nms_91_19

Ganjizadeh, M., **Rahemi, Z.**, Tafreshi, M. Z., Hajibagheri, A., & Ajorpaz, N. M. (2020). Workplace Conflicts among emergency department nurses: Instrument development and psychometric properties. *Journal of Nursing Measurement*, 28(1). doi:10.1891/JNM-D-18-00088

Mahdavipour, F., **Rahemi, Z.**, Sadat, Z., & Ajorpaz, N. M. (2019). The effects of foot reflexology on depression during menopause: A randomized controlled clinical trial. *Complementary Therapies in Medicine*, 47. doi:10.1016/j.ctim.2019.102195

Rahemi, Z., & Williams, C. L. (2020). Does ethnicity matter—Cultural factors underlying older adults' end-of-life care preferences: A systematic review. *Geriatric Nursing*, 41, 89-97. doi: 10.1016/j.gerinurse.2019.07.001.

MirbagherAjorpaz, N., **Rahemi, Z.**, Aghajani, M., & Hashemi, Sh. (2019). Effects of glycerin oil and lavender oil massages on hemodialysis patients' restless legs syndrome. *Journal of Bodywork and Movement Therapies*, 24(1). doi: <https://doi.org/10.1016/j.jbmt.2019.06.012>.

Rahemi, Z. (2019). Planning ahead for end-of-life healthcare among Iranian-American older adults: Attitudes and communication of healthcare wishes. *Journal of Cross-Cultural Gerontology*, 34(2), 187-199. doi: 10.1007/s10823-019-09371-x

Rahemi, Z., Dunphy, L., & Newman, D. (2019). Preferences regarding and communication about end-of-life care among older Iranian-American adults. *Western Journal of Nursing Research*, 41(10), 1499–1516. doi:org/10.1177/0193945919832304.

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- Rahimimoghadam, Z., **Rahemi, Z.**, Sadat, Z., & Mirbagher Ajorpaz, N. (2019). Pilates exercises and quality of life of patients with chronic kidney disease. *Complementary Therapies in Clinical Practice, 34*, 35-40. doi.org/10.1016/j.ctcp.2018.10.017
- Rahemi, Z.**, D'Avolio, D., Dunphy, L., & Rivera, A. (2018). An integrative review on design thinking: shifting management in healthcare—Facilitators and barriers. *Nursing Management, e31-37*. doi. -10.1097/01.NUMA.0000547834.95083.e9
- Rahemi, Z.**, Williams, C., Tappen, R. M., & Engstrom, G. (2018). Health-related decisions for serious illness among ethnically diverse older adults. *Advances in Nursing Sciences, 41*(1), 84-96. doi:10.1097/ANS.0000000000000192
- Tappen, R. M., Wolf, D. G., **Rahemi, Z.**, Rojido, C., Shutes, J. M. & Ouslander, J. G. (2017). Barriers and facilitators to implementing a change initiative in long-term care utilizing the INTERACT™ Quality Improvement Program. *The Health Care Manager, 36*(3), 219-230. doi: 10.1097/HCM.0000000000000168.
- Rahemi, Z.**, Mirbagher Ajorpaz, N., Sharifi Esfahani, M., & Aghajani, M. (2017). Sensation-seeking and factors related to dangerous driving behaviors among Iranian drivers. *Personality and Individual Differences, 116*, 314-318. doi:10.1016/j.paid.2017.05.004
- Rahimimoghadam, Z., **Rahemi, Z.**, Mirbagher Ajorpaz, N., & Sadat, Z. (2017). Effects of Pilates exercise on general health of hemodialysis patients. *Journal of Bodywork and Movement Therapies, 21*(1), 1-7. doi:10.1016/j.jbmt.2016.05.012
- Rahemi, Z.**, & Williams, C. L. (2016). Older adults of underrepresented populations and their end-of-life preferences: An integrative review. *Advances in Nursing Science, 39*(4), E1–E29. doi:10.1097/ANS.0000000000000148
- Mirbagher Ajorpaz, N., Zagheri Tafreshi, M., Mohtashami, J., Zayeri, F., & **Rahemi, Z.** (2016). The effect of mentoring on clinical perioperative competence in operating room nursing students. *Journal of Clinical Nursing, 25*(9-10), 1319–1325 doi: 10.1111/jocn.13205
- Mirbagher Ajorpaz, N., Zagheri Tafreshi, M., Mohtashami, J., Zayeri, F., & **Rahemi, Z.** (2016). Psychometric testing of the Persian version of the Perceived Perioperative Competence Scale-Revised (PPCS-R). *Journal of Nursing Measurement*. [Epub ahead of print]
- Rahemi, Z.**, & Williams, C. L. (2015). Development of a Dignity-Enhancing Model of Caring for Older Adults. *International Journal for Human Caring, 19*(3), 36-41.
- Safa, A., **Rahemi, Z.**, & Aghajani, M. (2014). Quality of life in patients with breast cancer in Kashan: A cross-sectional study. *Life Science Journal, 11*(1s), 141-145.

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Mirbagher-Ajorpaz, N., Shahshahani, M. S., & **Rahemi, Z.** (2013). The effects of pure and impure honey on women's vomiting, nausea, and headache related to primary dysmenorrhea. *Journal of Kermanshah University of Medical Sciences*, 16(7), 510-517. [Persian]

Taghadosi, M., Afazel, M. R., Akbari, H., & **Rahemi, Z.** (2012). Evaluation of problems among disabled children. *FEYZ: Journal of Kashan University of Medical Sciences and Health Services*, 16(2). [Persian]

Moshtaghe-Eshgh, Z., **Rahemi, Z.**, Majd, H. A., Hoviattalab, S. K., & Yaghamaie, F. (2011). Effects of walking on quality of life of mastectomy patients at selected hospitals of Tehran. *Iranian Journal of Nursing and Midwifery Research*, 16(4), 299-303.

Moshtaghe-Eshgh, Z., **Rahemi, Z.**, Yaghamaie, F., & Majd, H. A. (2010). Effects of walking on health related quality of life of breast cancer patients. *Journal of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences & Health Services*, 19(66). [Persian]

BOOK

Rahemi, Z., Shahshahani, M. S., & Mirbagher, N. (2013). *Breast cancer: Quality of life and exercise*. Kashan, Iran: Morsal Publications (lead author and editor)

PRESENTATIONS

Rahemi, Z. (March 20, 2021). Terminology and culturally competent care for diverse individuals at end of life. *42nd Annual Conference of the International Association of Human Caring (IAHC)*. Virtual presentation. USA.

Rahemi, Z. (March 17, 2021). Diversity of End-of-Life Care Preferences among Older Adults. *42nd Annual Conference of the International Association of Human Caring (IAHC)*. Virtual presentation. USA.

Rahemi, Z. (Sep 29, 2020). End-of-Life Care Planning among Older Adults Through a Caring Theory Lens. *41th Annual Conference of the International Association of Human Caring (IAHC)*. Virtual presentation. USA.

Rahemi, Z. (Sep 26, 2020). Iranian-American Older Adults' Planning for End-Of-Life Care: Cultural Considerations Based on a Caring Theory. *41th Annual Conference of the International Association of Human Caring (IAHC)*. Virtual presentation. USA.

Rahemi, Z. (Sep 30-Oct 1, 2019). End-of-Life Care Preferences among Culturally and Ethnically Diverse Older Adults. *Human Caring Conference 2019*. Victoria, Canada.

Rahemi, Z. (May 30-June 2, 2019). Culturally diverse older adults' end-of-life care preferences and planning. *40th Annual Conference of the International Association of Human Caring (IAHC)*. Clemson University Greenville, SC. USA.

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- Rahemi, Z.** (Oct 18-20, 2018). Factors Influencing the Preferred Place of End-of-Life Care Among Iranian-American Older Adults. *44th Annual Conference of The Transcultural Nursing Society*. San Antonio, TX. USA.
- Rahemi, Z.,** Mirbagher Ajorpaz, N., & Rahimi-Moghadam, Z. (Dec 6-8, 2017). Pilates training in hemodialysis patients. *Third International Congress of Nephrology and Urology*. Kish, Iran. Retrieved at http://icnu.ir/uploads/pdf/2017/oral/Pilates_training_in_Hemodialysis_Patients.pdf
- Rahemi, Z. & Dunphy, L. M.** (2017, April 6). Iranian-American older adults' attitudes toward planning ahead for end-of-life care. *Sigma Theta Tau, Iota Xi Chapter; 2017 Spring Research Program*, Boca Raton, FL.
- Rahemi, Z.,** Williams, C., Tappen, R. M., & Engstrom, G. (2016, March 25). Influence of ethnicity and demographic factors on preferred health outcomes among diverse older adults. *Graduate and Professional Research Day*, Boca Raton, FL.
- Rahemi, Z.,** Zamani, A., Shahshahani, M. S., Aghajani, M., & Mirbagher, N. (2010). CPR and ethical concerns. *The 1st Iranian Medical Ethics Congress*. Tehran University of Medical Sciences, Tehran, Iran. [Persian]
- Aghajani, M., Mirbagher, N., **Rahemi, Z.,** & Shahshahani, M. S. (2010). Ethical codes in midwifery. *The 1st Iranian Medical Ethics Congress*. Tehran University of Medical Sciences, Tehran, Iran. [Persian]
- Shahshahani, M. S., Mirbagher, N., Aghajani, M., & **Rahemi, Z.** (2010). Cancer patients' views on an excellent nurse: A systematic review. *The 1st Iranian medical ethics congress*. Tehran University of Medical Sciences, Tehran, Iran. [Persian]
- Mirbagher, N., Shahshahani, M. S., Aghajani, M., **Rahemi, Z.,** Baghaiee, P. (2010). Assessing the quality of relationship between nursing students and patients, *The 1st Iranian Medical Ethics Congress*. Tehran University of Medical Sciences, Tehran, Iran.
- Rahemi, Z.,** & Shahshahani, M. (2011). Breast cancer survivors' quality of life: Physical, psychological, economical, social, and spiritual dimensions. *The 6th International Breast Cancer Congress*. Cancer Research Center, Shahid Beheshti University of Medical Sciences. Tehran, Iran. [Persian]
- Rahemi, Z.,** Mirbagher, N., & Shahshahani, M. (2011). Effects of demographic characteristics, fatigue, edema, pain, and disease's duration on breast cancer patients' quality of life. *The 6th International Breast Cancer Congress*. Cancer Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran. [Persian]

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Rahemi, Z., Aghajani, M., & Shahshahani, M. (2011). Relationship between demographic characteristics and psychological health among breast cancer patients. *The 6th International Breast cancer Congress*. Cancer Research Center, Shahid Beheshti University of Medical Sciences. Tehran, Iran. [Persian]

Shahshahani, M., **Rahemi, Z.,** & Mirbagher, N. (2011). A systematic review on effects of taking contraceptive pills among women with family history of breast cancer. *The 6th International Breast Cancer Congress*. Cancer Research Center, Shahid Beheshti University of Medical Sciences. Tehran, Iran. [Persian]

Shahshahani, M., Mirbagher, N., **Rahemi, Z.,** & Aghajani, M. (2011). Knowledge of breast self-examination among two groups of women, with and without family history of breast cancer. *The 6th International Breast Cancer Congress*. Cancer Research Center, Shahid Beheshti University of Medical Sciences. Tehran, Iran. [Persian]

Aghajani, M., Mirbagher, N., **Rahemi, Z.,** & Shahshahani, M. (2011). Moral characteristics of emergency technicians and their religious perception. *The 3rd International Congress on Medical Law: Patient Rights*. Kish Island, Iran. [Persian]

Aghajani, M., Shahshahani, M., Mirbagher, N., & **Rahemi, Z.** (2011). Patients' satisfaction and refusal challenges toward emergency treatment delivery. *The 3rd International Congress on Medical Law: Patient Rights*. Kish Island, Iran. [Persian]

RESEARCH PROJECTS

| | | |
|-----------|--|---|
| 2021-2022 | PI- Addressing Alzheimer's and Related Dementias Advance Care Planning Disparities among Diverse Populations (\$30,000) | Carolina Center on Alzheimer's Disease and Minority Research (CCADMR) |
| 2019-2021 | Co-PI- Increasing conversations about end-of-life (EOL) planning for culturally, racially, and ethnically diverse (CRED) older adults in Appalachia, SC (\$15,000) | Prisma Health |
| 2018-2019 | PI- CU SEED grant: Factors Related to Advance End-of-Life Care Planning Among a Culturally and Linguistically Diverse Population (\$10,000) | Clemson University |
| 2016-2017 | Iranian-American Older Adults' Attitudes and Proactive Actions Toward Planning Ahead for End-of-Life Care | Florida Atlantic University, FL, U.S. |
| 2007-2009 | Health-related quality of life in breast cancer patients | Kashan University of Medical Sciences, Kashan, Iran |
| 2006-2008 | Effects of walking on quality of life in breast cancer survivors [Master's thesis] | Shahid Beheshti University of Medical Sciences, Tehran, Iran |

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LECTURES, WORKSHOPS MEETING/CONFERENCE ORGANIZING ROLE

| | |
|-------------|---|
| 2021 | The 42nd Annual International Association of Human Caring Conference, Moderator- Practice Podium Presentations |
| 2021 | The 42nd Annual International Association of Human Caring Conference, Abstract reviewer |
| 2020 | The 41th Annual International Association of Human Caring Conference, Abstract reviewer |
| 2020 | <i>Nursing London 2021 Conference</i> , Abstract reviewer |
| 2018-2019 | The 40th Annual International Association of Human Caring Conference, May 29, 2019- June 2, 2019, Greenville, SC, Organizing Committee, Abstract reviewer |
| 2019 | <i>International Healthcare Design Conference</i> . August 14-17, 2019, Greenville, SC, Session moderator |
| 2009 - 2011 | Educational inter-college seminars, Kashan University of Medical Sciences, Kashan, Iran (Chair and Organizing Committee Member) |
| 2009 | Rahemi, Z. <i>Nursing care / Burn patients care</i> , Shahid Beheshti Hospital, Kashan, Iran (Lecture by invitation) |

PROFESSIONAL ACTIVITIES

| | | |
|---------------|-----------------|---|
| 2019- present | Editorial Board | Nursing and Midwifery Studies |
| 2019-2021 | Reviewer | Journal of Transcultural Nursing Western Journal of Nursing Research Journal of Hospice & Palliative Medical Care International Journal of Nursing and Health Care Research Journal of Death and Dying Geriatric Nursing |
| 2018- present | Reviewer | Nursing and Midwifery Studies |
| 2017 | Reviewer | Austin Journal of Nephrology and Hypertension |
| 2020-present | Member | Clemson University, College of Behavioral, Social, and Health Sciences, Diversity and Community Committee |

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COURSES TAUGHT

Clemson University

Gerontological Nursing
Knowledge Development in Advanced Practice
Nursing Research Design and Methods

Kashan University of Medical Sciences, Kashan, Iran (2007 to 2012)

Theoretical Courses

Internal Diseases
Trauma
Environmental Emergencies

Clinical Courses

Nursing Internship - Medical Surgical Internship- Bachelor nursing students
Medical Surgical Training- Bachelor nursing students

HONORS, AWARDS, and GRANTS

| | | |
|--|---------------------------------------|-------------|
| Graduate Student Thesis and Dissertation Scholarship award (\$500) | Florida Atlantic University, USA | 2016 |
| Presidential Fellowship (\$5,000) | Florida Atlantic University, USA | 2014 |
| Presidential Fellowship (\$5,000) | Florida Atlantic University, USA | 2013 |
| 20th Rank, National Entrance Examination for MSN Program | Iran | 2003 |
| 1st-Ranked Student, Bachelor Studies | Kashan University of Medical Sciences | 1997 - 2001 |

MEMBERSHIP

| | |
|--------------|---|
| 2018-present | Transcultural Nursing Society |
| 2018-present | International Association of Human Caring |
| 2019 | Global Human Caring |
| 2017 | Sigma Theta Tau International |
| 2016 | Gerontological Advanced Practice Nurses Association (GAPNA) |