Video Transcription

Dr. Fleming, Principal Investigator: My line of research includes out-of-school time and alternative education programs for at-risk people. Essentially we try to determine which activities enhance youth development for academic, social, and physical outcome. This involves the delivery of traditional subject matter content, but also includes the acquisition of other skills, such as goal-setting, and I have a special emphasis on physical activity. One of our currently funded projects is called GoalPOST, which stands for Goal-oriented Performance in Out of School Time. This project involves undergraduates and graduate students working with students at schools in two of our local school districts.

Sheila Durham, Doctoral Student: I’ve been working with Dr. Fleming and the GoalPOST project for the last couple of years. This has allowed me to work with program delivery, evaluation, and research. For example, I worked with a research project with English language learners in the after school program with a guided reading and interactive writing intervention. The results of the intervention indicated that the English language learners’ writing responses improved.

Anthony Olalere, Doctoral Student: I worked with Dr. Fleming and the GoalPOST project for four years. My involvement with the GoalPOST project enabled me to learn quantitative research skills and the use of Qualtrics for data collection. Perhaps my favorite part of working with the GoalPOST project was presenting at conferences with Dr. Fleming and the rest of the research team.

Dr. David Fleming, Principal Investigator: I guess one thing that I really enjoy about this work is that I am engaged in activities that are set in schools with real children and have real outcomes. While research is at the heart of our involvement, it would not be worth it if I also didn’t know that the kids we work with, the families we work with, and the schools we work with are benefitting significantly from the experience.