7:30-8:15 AM
Registration and check in
Light continental breakfast will be available.

8:15-8:30 AM
Welcome: Dr. Marieke Van Puymbroeck, Ph.D., CTRS, FDRT
and Dr. Fran McGuire, Ph.D.

8:30-10:00 AM
Ballroom 1 & 2
“Alive Inside- The Story of Music and Memory”
Robin Lombardo, CTRS, MS, CDP

Session Description: The Story of Music & Memory, the most awarded Documentary of 2014, recipient of the Sundance Film Audience Award and Grammy, highlights recreational therapy departments utilizing this modality. The attendees will see RT professionals sharing their testimonials and demonstrating best practices and benefits of this program. Attendees will witness first hand demonstration of the implementation technique of individualized i-pod use with numerous diagnostic categories. In the video, noted neurologist and author, Oliver Sacks, will discuss the neurophysiological implications and benefits of Music & Memory.

This video outlines this imperative moment for us as an integral clinical team member, as we grasp this concept to be the champion to address the issues facing our medication dispensing healthcare culture. As we face our first tsunami wave of impaired seniors needing our services, this documentary demonstrates how RT can now be a leader in the change that we know is so imperative and timely.

Learning Outcomes:
Participants will be able to:
1. State the use of the Music & Memory program in addressing the culture change initiative in healthcare today.
2. Discuss 2 best practices with departments already certified in the program.
3. State the demonstrated use of this intervention to improve the quality of life for individuals with varying diagnoses.
4. Name two neurophysiological benefits of the program.
5. Explain 2 differences in pre- and post- intervention behaviors and responses.
10:15 – 11:15 AM

**Ballroom 1**

“UCAN Community: A grant project focused on improving adaptive sport opportunities and building social capital through recreational activities.”

Kristen C. Caldwell, B.A. Psychology; M.S. RT, Danielle Fitzmorris, MSM, CTRS

Session Description: This presentation will 1) discuss the implementation of a three year grant project at Roger C Peace Rehabilitation Hospital focused on improving adaptive sport opportunities, as well as helping people with disability build social capital through recreational activities, and 2) offer suggestions for replicating this project in your practice.

Learning Outcomes:
Participants will be able to:
1. Define Social Capital.
2. Define 2 ways to use recreational activities to build social capital.
3. State 2 new ideas for their own practice.

**Ballroom 2**

“Adventure Based Therapy (ABT) as a Recreational Therapy Intervention”

Jesy Cordle, MS, CTRS

Session Description: The purpose of this session is to describe the history of adventure based therapy, how it has been used as a treatment intervention in recreational therapy based settings, and how adventure activities can be modified for individuals with various disabilities. There will be an opportunity in this session to work with other recreational therapists to modify adventure based activities to fit different populations, including individuals with physical, psychological, and developmental disabilities.

Learning Outcomes:
Participants will be able to:
1. Verbally describe the application of ABT in the field of RT.
2. Identify adaptations to two low ropes activities for individuals with disabilities.
3. Verbally identify at least 1 way to use ABT in their recreational therapy program.

11:30 AM -12:00 PM LUNCH with Keynote Address

Lunch service will occur in the ballroom corridor. Please be seated in the Ballroom area to enjoy your lunch and our keynote address as quickly as possible.

12:00 – 1:30 PM

**Ballroom 1 & 2**

“What is a profession? Who is a professional?”

Sandra K. Negley M.S., MTRS, CTRS, FDRT

Session Description:
As a professional in Recreational Therapy, we have a duty to continuously promote our profession. However, we cannot promote RT if we do not fully understand the core concepts that form our profession. In this address, Sandy will identify and describe the critical elements necessary for the foundation of the RT profession. She will then engage the participants in evaluating their place as a professional and their personal commitment and passion to the practice of Therapeutic Recreation/Recreation Therapy.

**Learning outcomes:**
Participants will be able to:
1. Identify the six (6) elements that make a profession.
2. Describe at least three (3) bodies of knowledge that builds the foundation of TR/RT.
3. Demonstrate a basic understanding of the ATRA Standards of Practice and Code of Ethics.
4. Explain what credentialing is and its importance to the profession.
5. Identify characteristics of a professional.
6. Identify their level of commitment to the profession.

**1:45 PM – 2:45 PM**
**Ballroom 1**

**“UNCHARTED TERRITORY: An Unlikely Community Collaboration”**
Misty Stinnett, CTRS; Heather Grogran, Humane Educator, BA Psychology

**Session Description:** Are you a newly graduated RT student looking for innovative ways to use your degree? Are you a practitioner wanting to add community partnerships so you can better serve your clients? Learn how the Education Department of the Charleston Animal Society has partnered with Recreational Therapy to better serve its local population. After today's session you will have a better understanding of how RT can fit into the most unlikely of places. See how community collaboration allows growth in our ability to serve others and make individuals more aware of Recreational Therapy’s benefits. We encourage you to see how we increased inclusion in our programs, so you can trailblaze the way for yours.

**Learning Outcomes:**
Participants will be able to:
1. Verbally identify a minimum of 2 different populations that could benefit from humane education programs that are developed and/or facilitated by Recreational Therapists.
2. Identify 1-2 facilities that can assist in providing Humane Education opportunities in the upstate region.
3. Explore the benefits of Humane Education as a vehicle for Recreational therapy by successfully completing a mock lesson activity.

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**Peebles Room**

**“Magic as a Therapeutic Intervention and possible Recreation Therapy outcomes, related to various populations.”**
Allison M. Brown, CTRS; Suzanne M. Huycke, MS RT
Session Description: This session explores the use of magic as an outcome based therapeutic intervention with a variety of populations. We will provide a brief overview of the literature on the use of magic as a therapeutic intervention, review theories to support the use of magic, teach participants to perform at least three magic tricks, and identify at least one modification for each trick.

Learning Outcomes:
Participants will be able to:
1. Recognize the benefits of using magic for therapeutic intervention.
2. Identify at least two different populations that could from magic intervention.
3. Identify three treatment goals that magic tricks can help achieve.
4. Perform at least three magic tricks and identify at least one modification for each trick.

2:45-3:00 pm
Snacks- located outside Ballrooms 1 & 2

3:00 PM-4:00 PM
Ballroom 1
“Music & Memory – How to Implement, and Sustain this Modality within Recreational Therapy Practice in a Variety of Clinical Settings”
Robin Lombardo, CTRS, MS, CDP
Session Description: Discover the difference that personalized music can make for those suffering from biopsychosocial impairments. This program is not only person centered, it has established a new best practice and gold standard in the care industry. In addition to enhancing quality of life and treatment outcomes, increasing communication and social engagement, it restores identity and personhood, reduces agitation and behaviors associated with Alzheimer’s related Sundowning, offsets boredom, isolation, pain and depression, stimulates participation in therapies, improves staff efficiency and morale, and enhances community image and perception of care. Although the program began in skilled care environments, it has quickly spread to almost all settings. Music & Memory offers staff training and program certification for businesses and care environments to provide the program to individuals in their care. Will discuss and evaluate a sample care plan utilizing this intervention, and evaluate its utilization within the MDS structure and address documentation practices.

Learning Outcome:
Participants will be able to:
1. Define Music & Memory program structure.
2. List five key elements for program implementation.
3. Name three pre and post behaviors of Henry using the program.
4. Identify one case study within current practice that can benefit from modality.
5. Discuss at least 2 care plan options for delivery of Music & Memory intervention.
6. Reiterate two best practice guidelines and/or policies.

Ballroom 2
“Creating a Healthy, Balanced Life”
Sandra K. Negley M.S., MTRS, CTRS, FDRT
Session Description: This session will look at assessing clients for healthy living behaviors, explore the development of interventions, and evaluate sustainability for healthy living. The session is intended to be an experiential learning process. Participants will be actively involved in defining healthy living and learning interventions to address the major concepts... mind... body... soul, attitude, stress-less, relationships, leisure/recreation/play.

Learning Outcomes:
Participants will be able to:
1. Identify understanding of the five (5) major concepts of healthy living.
2. Assess their own level of healthy living through writing and in an experiential learning experience held during session.
3. Identify a minimum of five (5) intervention strategies to engage clients.
4. Identify a minimum of five (5) references for developing their own healthy living program.

Peebles Room
“Special Session for RT Students”
Dr. Peg Connolly, CTRS
Session description: Special session designed for RT Students.

Thank you for attending the 3rd Annual Judith E. Voelkl Memorial Recreational Therapy Workshop! We hope you enjoyed the conference!

Interested in a graduate degree from Clemson University in Recreational Therapy? Our graduate program is taking off! Join us!

Contact Marieke Van Puymbroeck, Ph.D., CTRS, FDRT, Recreational Therapy Coordinator at mvp@clemson.edu or 864-656-1189.

The Clemson University Recreational Therapy program (CURT) will comply with the American Disabilities Act (ADA). We invite any participant with special needs to contact the workshop coordinators upon registration for special accommodations.

If conference participants have any questions or comments, please contact CURT or the workshop coordinators, Dr. Kirby Player at kplayer@clemson.edu or Mr. Spensir W. Mowery at spensim@clemson.edu