

Academic Coaching: Roles and Responsibilities

What is academic coaching? Academic coaching allows you to see yourself, your skills, and your study habits from a fresh perspective. While not a requirement, students are encouraged to regularly meet with their academic coach as an ongoing source of individualized support and accountability.

Academic coaching is a student-driven process. Your academic coach will partner with you to develop the mindset, skills, and behaviors you need to be a successful student. Some of the areas your academic coach can help with include:

- Organization and Time Management
- Accountability and Motivation
- Goal Setting
- Interpreting your LASSI Results
- Learning Strategies
- Test Preparation/Nervousness

Note: Academic coaching is not an opportunity to discuss academic advising or mental health concerns. You will be directed to meet with your assigned academic advisor to discuss advising questions. Academic coaches are not trained, mental health professionals. You may be referred to Counseling and Psychology Services if you express related concerns outside of academic coaching.

Your Responsibilities:

- Maintain an open mind and a willingness to try new things
 - Follow through on the goals you set with your coach during your meetings
 - Communicate clearly and honestly with your coach, both in person and via email
 - Cancel appointments more than 24 hours in advance if you cannot attend and arrive promptly
- Note: Students who do not arrive for their scheduled appointments within 5 minutes (for a 30-minute appointment) or 10 minutes (for a 45-minute appointment) of their start time will be marked as a no-show

Your Academic Coach's Responsibilities:

- Demonstrate unconditional positive regard for you
- Communicate clearly and honestly with you
- Encourage you to learn from the past to enhance future performance
- Help you determine skills, strategies, and behaviors you want to enhance
- Model the stated values of the Academic Success Center
- Refer you to appropriate campus resources as needed

Privacy: Conversations with your academic coach are private. Your coach will not share what you discuss without your permission unless they:

- Believe you or someone else is in danger; they must pass that information on to someone who can help
- Learn of a violation of the Clemson Student Conduct Code; violations are subject to reporting
- Learn of any conduct that violates Clemson's sexual misconduct policy outlined by Title IX; violations require your coach to report this information to the appropriate University authorities

Your academic coach works as part of a team. They may consult with other team members to ensure you are given the best possible service. Your coach may request your permission to invite someone to observe your meetings for training and professional development purposes.