



Air Force ROTC Detachment 770 Orientation Checklist



Preparing for New Cadet Orientation...

Classes

- Register for AS 1090 & AS 1091 (if you plan to enroll in the three year program, please contact us at (864) 656-3254 to determine if you meet eligibility requirements).

Sports Physical

- Print a copy of the AFROTC FORM 28 and schedule an appointment with your physician or Clemson Student Health Services at Redfern Health Center. Bring the FORM 28 with you to the appointment and have the physician complete it; **the physician must complete this Form 28, we will not accept the physician's version of a sports physical form.**
- Scholarship cadets do not need to bring this form to orientation.

Consent for Release of Student Records

- Print and bring the Consent for Release of Student Records with you to orientation.

Birth Certificate or Naturalization Certificate (Bring **both** of the below, you will keep the original)

- Original (if no original, a certified copy from the Clerk or Recorder of Birth State)
- Photocopy of Original

Social Security Card, signed by applicant, NOT a parent (Bring both of the below)

- Original
- Photocopy of Original

Selective Service Number (Males only)

- Bring a copy of Original or Print-out from "Check a Registration" at www.SSS.gov

SAT/ACT Scores

- Unofficial Copy of all SAT and/or ACT test scores (unofficial or official)

College Transcripts

- Transcripts of all completed college work credited towards your undergraduate degree (unofficial copies are acceptable, but must show the hours and quality points for each class)

Civil Involvements, *if any*, (information regarding any involvement with civil, school or military authorities since age 13; i.e., traffic citation; detention or suspension; Article 15)

- Event Details (e.g., speeding - 76 in 65, fist fight, minor in possession)
- Date (Month and Year)
- Institution issuing finding (city police vs. state police; name of the city, school, or base)
- Result/Outcome (e.g., paid fine and amount, in-school suspension)
- Copies of Tickets or Court Results are preferred

Certificates or Documentation demonstrating (as applicable):

- | | |
|---|--|
| <input type="checkbox"/> Junior ROTC | <input type="checkbox"/> DD Form 214 (prior military enlistment) |
| <input type="checkbox"/> Civil Air Patrol | <input type="checkbox"/> DD Form 785 (prior service academy or officer accession training program) |
| <input type="checkbox"/> Eagle Scout | |

Clemson University (or Cross-town School) Student ID number: _____

Permanent Address

Phone Number: _____

Address: _____ City, State, Zip: _____

College Address (where you physically live) if different than above

Phone Number: _____

Address: _____ City/State/Zip: _____



Preparing for the Training Environment...

Physical Fitness Assessment

- MUST have sports physical (AFROTC Form 28) submitted at Orientation
- PFA consists of:
 - Abdominal Circumference (Waist) Measurement
 - 1 minute push-ups
 - 1 minute sit-ups
 - 1.5 mile run
 - Visit <http://www.afpc.af.mil/Air-Force-Fitness-Program/> for score charts

Athletic Attire

- The following is required before your Physical Training Uniform (PTU) is issued:
 - Orientation paperwork completed
- Bring water
- Tennis shoes (no limitations on color/style)
- White or black athletic socks
- Cold weather athletic apparel
- Athletic undergarments
 - compression shorts (solid black or blue)
 - sports bras
 - undershirts (must be white, light gray or black)

Business Casual Attire

- Will be worn to Leadership Lab and ROTC class until your blues uniform is issued
- Khaki slacks, any brand, in a tan or light brown color
- Short-sleeve polo-style shirt
- Black or brown leather dress shoes; no canvas or sports shoes; no open-toe/heel shoes
- Black or navy blue socks
- Black or brown belt (to match shoes), with shirt tucked into trousers

Military Grooming Standards

- Gentlemen:
 - Clean shaven every morning
 - Hair will not touch ears, and will be tapered not to exceed ¼" at start of taper
 - No visible piercings to include tongue
- Ladies
 - All hair pulled up, pony-tail is acceptable in fitness attire
 - Conservative make-up and nail polish colors
 - Only one ear ring per ear: diamond; pearl; or gold/silver spherical shape studs