



DIVISION OF STUDENT AFFAIRS

Group Fitness Instructor

Job Title: Group Fitness Instructor

Hourly Pay Rate: \$8.25

Job Summary

Group Fitness Instructors are responsible for the planning and execution of safe, fun and effective fitness classes ranging in length from 30 minutes to one hour. Classes are intended to reach a diverse audience and cater to all participants needs in hopes of bringing them closer to their fitness and wellness goals. Instructors are expected to teach a minimum of two classes per week and attend mandatory staff meetings, along with optional format trainings. Group Fitness Instructors are paid \$8.25 an hour and are responsible for keeping their certifications up-to-date.

Employee Expectations

Group Fitness Instructors are required to obtain a CPR/First Aid/AED certification within 30 days of hire, and a nationally accredited group fitness certification within their first semester of teaching. Group Fitness Instructors are expected to go through one of our in-house training programs, or have the opportunity to audition if they already hold a certification.

Qualifications / Certifications

- Available to teach at least two classes per week
- Must hold a current certification lay responder level or higher in CPR/AE/First Aid (American Red Cross preferred)
- Must obtain a nationally accredited fitness certification within the first semester of hire
- Personal characteristics including: positive attitude, outgoing personality, independence, and strong work ethic
- Perform some task that require physical labor, including exercise demonstration, equipment set up, and maintaining studio cleanliness

General Job Responsibilities

- Consistently uphold all Campus Recreation department policies and procedures for participants and maintain employee expectations
- Respond to emergencies and assist Recreation Supervisor or Recreation Specialist to implement emergency action plans

- Demonstrate commitment to excellence, service, and professional appearance standards
- Attend all staff trainings, meetings, in-services, and classes as scheduled
- Plan and execute safe, effective and fun class plans that cater to a diverse population
- Strive to obtain personal, professional, and departmental goals
- Check e-mail daily for departmental and job specific updates and will respond in a timely manner
- Other duties as assigned