Let’s Get Moving!

Physical Activity/Active Living
Local Resources – Easley, SC

Walking Trails and Outdoor Parks
Alice/McKissick Field
- 102 Nalley Street, Easley, SC
- Baseball field, outdoor batting cage, public restrooms

Crosswell Elementary School
- 161 School Rd, Easley, SC
- Walking path
- Soccer field, blacktop, playground

Dacusville Elementary School
- 2671 Earls Bridge Road, Easley, SC
- Paved walking path
- Blacktop, playgrounds

Easley Christian School
- 461 Saco Lowell Rd, Easley, SC
- Multi-purpose field, playground

Easley High School
- 154 Green Wave Blvd, Easley, SC
- Paved walking track (loop)
- Baseball field, softball field, soccer field, football field, tennis courts

Forest Acres Elementary School
- 401 McAlister Road, Easley, SC
- Blacktop, playground, field

Hagood Park
- 110 Old Liberty Road, Easley, SC 29640 (at the intersection of Liberty Dr (Hwy 93) & Old Liberty Road (Hwy 61))
- Nature trail
- Tennis courts, playgrounds, baseball/softball field, t-ball fields, public restrooms

J.B. “Red” Owens Recreation Complex
- 111 Walkers Way, Easley, SC 29642
- Nature trail – one mile
- Lighted baseball/softball fields, lighted football fields, lighted soccer fields, playgrounds, picnic shelter, disc golf, outdoor basketball court

Pedometers
- The average adult walks about 2,000 steps per day (about 1 mile).
- Walking is a convenient way to get exercise. Set a goal to reach 10,000 steps per day. This will increase your cardiovascular health and help you achieve the recommended amount of daily exercise, just by walking!

Track your steps by wearing a pedometer. A pedometer is a small device usually worn on a belt and tracks every step you take.
McKissick Elementary School
- 156 McKissick Road, Easley, SC
- Walking path
- Blacktops

Pope Field
- 310 Pope Field Road, Easley, SC (at the corner of Pope Field and Walker Ellison)
- Football field, two baseball fields, six tennis courts, public restrooms, playground, picnic shelters

Richard H Gettys Middle School
- 105 Stewart Dr, Easley, SC
- Paved walking track (loop)
- Multi-purpose sports field

West End Elementary School
- 314 Pelzer Hwy, Easley, SC
- Paved walking track (loop)
- Baseball/softball field, blacktop

Woodside Park
- 200 S. 8th Street, Easley, SC
- Baseball/softball field, picnic shelter, public restrooms, playground

Indoor Recreation
Larry D. Bagwell Gymnasium
- 111 Walkers Way, Easley, SC 29642
- Indoor walking track - 1/8 mile
- Basketball courts