Thermogram Clinics In Our Area

What is a Thermogram? -- No Pain Breast Screening

A thermogram is a 15 - minute, non invasive test used to detect breast disease. There is no contact with the body of any kind, no radiation, and the procedure is painless. It uses Thermography, a process of infrared technology to spot abnormalities in your breasts by measuring temperature variations.

This state-of-the-art system, called DITI (Digital Infrared Thermal Imaging), is able to read functional changes in the breast at the critical point when a tumor begins to receive its own blood supply – before malignant cells have a chance to spread. Early detection is key.

Patient Preparation before having a Thermogram

- You are welcome to bring a companion or partner to be present at the examination
- do not have physical therapy or electromyography on the same day
- do not smoke for 2 hours before the test
- do not use lotions or liniments on the day of the test
- stay out of strong sunlight on the day of the test
- do not use deodorant on the day of the test
- no caffeine for 2 hours prior to the test
- certain medications can alter test results--discuss with your doctor

Click here for FAQs

Click here for a list of clinic dates in this area.

Information from Asheville Integrative Medicine.
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