Mental Health Counseling Referrals

Carolina Counseling Professionals
Paulette Herbert, PhD., LISW-CP, and other therapists,
Seneca, SC
864.973.1359
www.carolinacounselingprofessionals.com
Adults, Children, Adolescents

Magnolia Family Counseling
Dede Culbertson, LPC
Seneca, SC
864.710.4723
magnoliafamilycounseling@gmail.com
Adults, Families, Adolescents, Children

Cheryl Smart, LISW-CP
Seneca, SC
864.888.4211
www.cherylsmart.net
Adults, Energy Therapy

Anderson - Oconee Mental Health
Seneca, SC
864.885.0157
Adults, Families, Adolescents, Children

Prisma Health Hospice of the Foothills
Seneca, SC
864-882-8940
Bereavement Counseling

iTrust Wellness Group
Seneca, SC
864.520.2020
www.itrustwellnessgroup.com
Adults, Children, Counseling and Psychiatry

Counseling & Psychological Services of the Upstate
Chris Ruth, PhD
Clemson, SC
864.633.0210
www.counselingpsychologyupstate.com
Adults, Adolescents
Virginia Miller, LPC  
Clemson, SC  
864.633.7937  
www.clemsoncounseling.com  
Adults, Adolescents

Judy Bliss, LPC  
Clemson, SC  
864.784.2405  
www.blisscounselingllc.com  
Couples, Adults

The Well Center  
Clemson, SC  
864.383.1996  
wellcentertherapy.com  
Adults, Children, Families, Women’s Issues

Anderson Center for Mindfulness  
Suzette Guest, LISW-CP, Elizabeth Welch, LISW-CP, Tracie Thomas, LPC  
Anderson, SC  
864-844.8019  
Adults, Children, Adolescents, Couples

Micheala Tomberlin, LPC & Associates  
Anderson, SC  
864.353.3384  
counseling4life.net  
Adults, Children, Adolescents

Free Helplines

Mental Health Helpline  
803.680.5993

SC Hopes  
844.SC.HOPES

Tu Apoyo  
833-Tu-APOYO  
833.882.7696  
(Spanish speaking only)

Alcoholics Anonymous and Al-Anon  
FAVOR  
864.280.5579  
favorsc.org
Alzheimer’s Association Helpline
800.272.3900

Suicide Hotline
988

Statewide Crisis Response Hotline
SC Department of Mental Health
833.364.2274