7:30 AM – Registration Open – Main Foyer
Light breakfast items, coffee and water will be available until 9 AM.
Light refreshments available during networking breaks.

8:30 AM - 8:45 AM
Main Auditorium
Welcome:
Dr. Marieke Van Puymbroeck, Ph.D., CTRS, FDRT – President of ATRA & Director of CURT
Dr. Wayne A. Freimund, Ph.D., Chair, PRTM Department, Clemson University
Dr. Fran McGuire, Ph.D., Faculty member PRTM Department, Clemson University
Ken Lewis, Senior Pastor Crosspoint and his wife Robin – Parents to a child with autism

8:45 AM - 9:45 AM
Main Auditorium
CEU Session 1 - “The Mind and the Brain Behind It: Health, Injury, Disease…and Discovery”
Dr. John Griffin, Ph.D. - Associate Provost & Dean of Undergraduate Studies

SESSION DESCRIPTION: The mind is often defined with words like, cognition, emotion, and imagination. At its’ foundation, the physical organ that is responsible for creating our conscious mind and how we interact with the world around us is the brain. This session will provide a review of how the brain functions and how changes in chemistry and morphology can alter behavior and cognitive ability. These changes can occur during development, result from exposure to environmental factors or injury, or emerge as the brain ages. While some changes lead to specific neurological conditions such as Multiple Sclerosis and Alzheimer’s, others are more broadly defined by terms like Neurodiversity, which recognizes that neurological differences can result in a broad spectrum of cognitive ability as well as defined conditions such as autism and dyslexia. While treatment programs and current research are advancing, there is much to learn about connecting the brain with the mind.

9:45 AM - 10:00 AM – Break and Networking

10:00 AM - 11:00 AM
Main Auditorium
CEU Session 2 - “The Power of Recreational Therapy Across the Lifespan: Minding what Matters”
Panel Presentation and Discussion facilitated by Dr. Marieke Van Puymbroeck, Ph.D., CTRS, and FDRT – President of ATRA

SESSION DESCRIPTION: Recreation Therapy has the unique capacity to employ clinically informed practices to produce feelings of enjoyment and satisfaction to all populations served. For clients dealing with mental challenges across the autism spectrum, to brain injury and trauma to the mental maladies of aging, RT provides opportunities for these unique minds to express creativity and achieve and master new skills. Recreation can create opportunities to practice social skills, physical aptitude and increase motivation. These activities can provide the basis for increased self-confidence and develop new aptitudes in other basic life skills. Likewise, RT participation also helps improve more general skills that can be applied to everyday life. In this
sessions, clients and practitioners testify to the impact RT has had on what matters in the lives of neurodiverse individuals and groups and explore how RT can expand the reach the growing segments of these population.

11:00 AM - 11:15 AM – Break and Networking

11:15 AM - 12:15 PM
Main Auditorium

CEU Session 3 - Keynote Address - “Different Kinds of Minds Contribute to Society: Discovery Across the Autism Spectrum”
Dr. Temple Grandin, Ph.D., Emeritus Faculty Colorado State University Department of Animal Sciences and international author and speaker on autism

SESSION DESCRIPTION: Dr. Grandin acknowledges that “recent studies on the brain, and especially the brains of people diagnosed with autism spectrum disorders (ASD), are shedding light on the physiological underpinnings of our thoughts and emotions. We are gaining a better understanding of how neuropathways are formed and the extent to which biology influences behavior. All minds of the autism spectrum are detail-oriented, but how they specialize varies. Since autism is so variable, there may be mixtures of the different types. The importance of understanding these ways of thinking comes into when services clients on the autism spectrum. Strategies that build on areas of strength and appeal to individual thinking patterns will be most effective.” Dr. Grandin’s inspiring story and wealth of research and experiential knowledge offers insights and hope to RT practitioners, clients and all those impacted by autism.

12:15 PM - 1:30 PM - Meet and Greet with Dr. Grandin and book sales/signing
Crosspoint Campus Main Auditorium Foyer

LUNCH ON YOUR OWN at the wide variety of Clemson cuisine for your fuel and fellowship
Return directly to your identified room for the session of your choice at 1:30 PM.

Afternoon Sessions:

1:30 PM – 2:30 PM
Meeting Room 150 – Learning Center

CEU Session 4 - “Brain Injury Simulation Workshop”
Marguerite Davis, CTRS

SESSION DESCRIPTION: The objective of this session is for Recreational Therapists to have a better understanding for what a brain injury survivor experiences. The different stations will demonstrate assessment areas that are addressed in a full initial RT evaluation of people with brain injury (for example: visual changes, hemiplegia, visual/motor apraxia, communication deficits)

Or

Room 101 – Located in main auditorium foyer

CEU Session 5 - “Working with Degree-Seeking College Students on the Autism Spectrum: Collaborating to Develop Leisure Skills”
Margaret M. Camp, MEd
William “Billy” Edwards, MS, BCBA

SESSION DESCRIPTION: With early identification and screening, the number of people diagnosed on the autism spectrum has increased from ‘1 in 150’ to ‘1 in 68’ in the past 15 years (CDC, 2012). As neurodiverse populations become prevalent on university campuses, they are often some of the brightest students
academically, but struggle with social and communication challenges. Clemson’s Student Accessibility Services (SAS) and Center for Behavior Analysis (CBA) have been designing and piloting a collaborative, innovative program to help neurodiverse students navigate university life. The program facilitates social skills development using group sessions and peer mentors, including role-playing, modeling, skill acquisition/practice, and building confidence. Neurodiverse students often lack leisure skills due to anxiety, misunderstanding and lack of practice. Building on a model at Kutztown University, we will explore how Recreational Therapy students can teach leisure skills, using Tailgating as an example that could integrate these students into the atmosphere of Clemson University.

Or

Main Auditorium

CEU Session 6 - “Working with children with autism and ADHD in summer camp settings”
Allison Brazendale, Psy.D.

This presentation presents different tools/strategies for working with children with autism and ADHD in summer camp/classroom settings. The Presentation will review the signs/symptoms of autism and how to recognize these in a group setting. Participants will be instructed in:

- The ABC's of behavior
- Maximizing structure
- Post, teaching, reviewing, monitoring and reviewing rules
- Actively engaging students, strategies to responding to appropriate behaviors, and strategies to respond to inappropriate behaviors

Meeting Room 141 – Learning Center

2:30 PM - 2:45 PM
Snacks- located in the Foyer

2:45 PM - 3:45 PM
Meeting Room 150 – Learning Center
CEU Session 7 (Repeat of Session 4) - “Brain Injury Simulation Workshop”
Marguerite Davis, CTRS

SESSION DESCRIPTION: The objective of this session is for Recreational Therapists to have a better understanding for what a brain injury survivor experiences. The different stations will demonstrate assessment areas that are addressed in a full initial RT evaluation of people with brain injury (for example: visual changes, hemiplegia, visual/motor apraxia, communication deficits)

Or

Main Auditorium

CEU Session 8 - “Invisible Autism: How Women and Girls on the Spectrum are Unique & What you Can do to Help Them Reach their Potential”
Toni Boucher, Consultant & Diana Boucher, Mentor; Toni Boucher Consulting & Synergy Supportive Services

Session description: Part one will briefly share the latest research and discoveries about how girls and women with autism present differently than their male counterparts on the spectrum. Females often go unrecognized because they have more "socially acceptable" special interests, are often better able to develop coping skills and learn to "fit in". This does NOT mean they don't need help. It means their needs have largely been unmet and they are not reaching their full potential. Numerous examples and an autism screening tool developed
specifically for females will be shared so that professionals and family members can better identify and address areas of concern that are specific to females. My daughter Diana will offer her perspective, share some of the techniques that she uses in her own life and answer audience questions about her experience growing up on the spectrum.

Part two will be a live consultation where families and professionals can bring their specific concerns about someone they care about to the table for discussion. Diana and I will help participants develop actionable solutions that they can take home and use right away. We will address the following challenges as they relate specifically to girls and women on the spectrum: anxiety, burnout, hormones and sensory challenges, exploitation and healthy boundaries.

Or

Room 101 – Located in main auditorium foyer
(Non CEU Session) - “Navigating the Special Education Process for Students with Autism Spectrum Disorders” - AJ Dearybury is Coordinator of the Parent School Partnership Program for the SC Autism Society

Session description: This session will provide an overview of Individuals with Disabilities Education Act (IDEA) and the Individualized Education Program (IEP) process. Participants will learn how to be meaningfully engaged in the IEP process. At the conclusion of the sessions, participants will have an understanding of IDEA and the IEP process. Participants will learn three strategies to prepare for IEPs and how to participate as equal partners in the IEP process.

3:45 - 4:00 PM
Break

4:00 PM - 5:00 PM
Meeting Room 150 – Learning Center
CEU Session 9 (Repeat of Session 4) - “Brain Injury Simulation Workshop”
Marguerite Davis, CTRS

SESSION DESCRIPTION: The objective of this session is for Recreational Therapists to have a better understanding for what a brain injury survivor experiences. The different stations will demonstrate assessment areas that are addressed in a full initial RT evaluation of people with brain injury (for example: visual changes, hemiplegia, visual/motor apraxia, communication deficits)

Or

Main Auditorium
Molly Lancaster, CTRS and Masters Student at Clemson University

Session description: The Ausome Gym in Columbia is the first and only sensory integration gym in South Carolina! The Ausome Gym provides a safe, engaging, and educational play experience for all children, while focusing on those with special needs or sensory issues, or who are on the autism spectrum. The gym offers many unique features such as a Virtual Game Floor, a Light Room with Color-Changing LED Jellyfish and Bubble Tube, a Calming Room for Winding Down and a Sensory Play area with Interactive Wall Panels, Giant Building Blocks, Ball Pit, and more! This session will apply A PIE process to this newly opened facility to demonstrate how RT can impact clients with sensory development challenges and consider how RT professionals can create similar experiences for their clients.
Or

*Room 101 – Located in main auditorium foyer*

**CEU Session 11 - “Not Your Mama’s Senior Center: Programming for Baby Boomers”**
Tammy Lea

**SESSION DESCRIPTION:** As the Baby Boomers age, there is more demand for programming for “young” seniors. This session will focus on programming ideas, which will go beyond Bingo and crafts to address the needs/wants of the Baby Boomer generation. This interactive session will challenge recreational therapy professionals to recognize the unique attributes of the baby boomer generation as they plan and implement programming for their clients.

Or

*Meeting Room 140 – Learning Center*

**(Non CEU Session) - “Recreational Therapy in the context of Camp Blue Sky”**
Lisa Kay-Powles Olsen, Ph.D. student at Clemson University and PRTM student volunteers

Session description: The mission of the Williams Syndrome Association is to enrich the lives of individuals and families affected by Williams syndrome and similar conditions through support, research and education. This session will explore the components of this mission in the context of Camp Blue Sky:

- Providing information and emotional support to individuals with characteristics of Williams syndrome, their families, and the professionals who work with them
- Developing programs and services to help build strengths and meet challenges from early childhood through adulthood
- Increasing public awareness and understanding of Williams syndrome
- Encouraging and supporting research into a wide range of issues related to Williams syndrome
- Exploring learning techniques for people with Williams syndrome

The Williams Syndrome Association (WSA) was formed in 1982 by, and for, families of individuals with Williams’s syndrome.

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Thank you for attending the 5th Annual Judith E. Voelkl Memorial Recreational Therapy Workshop!
We hope you enjoyed the day!
Interested in a graduate degree from Clemson University in Recreational Therapy?
Our graduate program is taking off! Join us!
Contact Marieke Van Puymbroeck, Ph.D., CTRS, FDRT, Recreational Therapy Coordinator at mvp@clemson.edu or 864-656-1189.

The Clemson University Recreational Therapy program (CURT) will comply with the American Disabilities Act (ADA).

We invite any participant with special needs to contact the workshop coordinators upon registration for special accommodations.

Questions? Contact workshop coordinators, Kirby Player at kplayer@clemson.edu or Elizabeth Murphy at emurph4@g.clemson.edu
The Crosspoint Clemson Facility Learning Environment:

The Workshop will be hosted the main auditorium, foyer and multiple meeting rooms at Crosspoint Church Campus in Clemson, SC. The building is ADA compliant and all venues are accessible. Comfortable tables and chairs will be positioned for maximum attentiveness. Audio Visual equipment and services are available on site. Photos of facility are below:

Facility Entrances and walkway to meeting rooms

Main Auditorium.

Front Façade of facility.