Child/Minor Agreement to Be in a Research Study Clemson University

Finding Your Voice: Using Nontraditional Leisure to Foster Physical Activity

You are being invited to participate in a research study. Below you will find answers to some of the questions that you may have.

What is it for?

- This study is being conducted to determine how your participation in the Finding Your Voice program impacts you. We hope that you have fun participating in this program, but we also hope that the program is beneficial to you in other ways as well. The study will specifically focus on questions about whether you think you can achieve different goals and how you feel about the types of physical activities boys and girls should participate in.

Why me?

- You are participating in the Finding Your Voice program at Clemson University’s Outdoor Lab. Because we want to know how the Finding Your Voice program impacts those who participate in it, we would like you to be a part of our research study.

What Will I Have to Do?

- If you participate in this research, we will ask you to fill out the same survey two different times. The survey will have questions about how you feel about your abilities in different activities, your participation in different activities and how you feel about the types of activities boys and girls might participate in. The first will be right before you participate in the Finding Your Voice program. The second will be right after the program ends. It should take you around 15 minutes to complete the survey each time. Each night in your cabin we will also ask you to participate in a group discussion about your experiences from that day – how you feel about the different activities that you chose to participate in. In the group discussion, we ask you not to share any information that would embarrass you if others in the group repeated what you said after the discussion ends. Likewise, please respect the privacy of others taking part in the group discussion. You may refuse to answer or leave the discussion at any time if you become uncomfortable.

Did My Parents Say It Was Okay?

- Yes. Your parents have already signed a consent form saying it is okay for you to participate in this study.
Who Will Be Helped By This Research?

- By completing this research, we will learn about the ways in which your participation in the Finding Your Voice program impacted you. Understanding the outcomes you received from participating in the program will allow us to work on improving the program for future participants, particularly girls just like you.

What If I Want to Stop? Will I Get In Trouble?

- Your participation in this study is completely voluntary. You may choose to stop participating in the study at any point without getting in trouble.

- This research will not be used in any way to positively or negatively impact your grades at school or your continued participation in the Finding Your Voice program.

By signing below, I am saying that I have read this form and have asked any questions that I may have. All of my questions have been answered so that I understand what I am being asked to do. By signing, I am saying that I am willing and would like to participate in this study. I also have received a copy of this form to keep.

_________________________________________    ________________
Signature of Child/Minor                        Date