

Clemson University
Assent to Be in a Research Study

Finding Your Voice: Using Nontraditional Leisure to Foster Physical Activity

You are being invited to be in a research study by Denise Anderson who is a teacher at Clemson University and Alexandra Dubin who is a student at Clemson University.

Why are we conducting this research?

This study is being conducted to determine how your participation in the Finding Your Voice program impacts you. We hope that you have fun participating in this program, but we also hope that the program is beneficial to you in other ways as well. The study will specifically focus on questions about whether you think you can achieve different goals and how you feel about camp.

What will I have to do?

If you participate in this research, we will ask you to fill out the same survey two different times. The survey will have questions about how you feel about your abilities in different activities, your participation in different activities and how you feel about camp. The first will be right before you participate in the Finding Your Voice program. The second will be right after the program ends. It should take you around 10 minutes to complete the survey each time. On the second day of camp we will also ask you to participate in a group discussion about your experiences from that day – how you feel about the different activities that you chose to participate in.

During the discussion about camp, the conversation will be recorded to make sure that we don't make a mistake in taking notes about your thoughts about camp. The recording will only be used to make sure our written notes are correct, and they will be kept in a place where no one else but the researchers will have the ability to listen to them.

Are there any potential harms or risks if I take part in the research

We do not know of any harm or risk that would come to you if you participate in the research. Some of the information shared in the group discussion may be personal, we ask you not to share any information that would embarrass you if other girls in the group repeated what you said after the discussion ends. Likewise, please respect the privacy of others taking part in the group discussion. You may refuse to answer or leave the discussion at any time if you become uncomfortable.

Are there any benefits if I take part in the research?

If you participate in the research there is a small chance that you will benefit by having a better understanding of your ability to reach goals and your confidence to do different physical activities. As a result, you may be more likely to participate in other programs similar to Finding Your Voice.

Do I have to take part in the research?

You are not required to take part in the research. Your participation in the research (surveys and discussion about camp) is voluntary. Even if you participate in the research at the start, if you decide to stop before it is done you are allowed to do so and there will be no impact on your participation in camp – you will still be able to take part in all other camp activities.

What if I have questions?

You can ask questions at any time during the research. You can call Denise Anderson at 864-656-5679. if you have questions.

Assent

I have read this form and have been allowed to ask any questions I might have. I agree to participate in this research study.

Participant's Name

Participant's Signature

Date