

Parent Permission Form
Clemson University

Finding Your Voice: Using Nontraditional Leisure to Foster Physical Activity

Description of the Research and Your Child's Part in It

Denise Anderson and Aleksandra Dubin are inviting your child to take part in a research study. Denise Anderson is a faculty member at Clemson University. Aleksandra Dubin is a student at Clemson University, running this study with the help of Denise Anderson. The purpose of this research is to identify how participating in the Finding Your Voice program impacts your child. The study will focus on specific outcomes including self-efficacy (self-confidence to complete physical activities) and perceptions of gender stereotypes related to physical activities.

Your child will be asked to complete two surveys – one the first night of camp and one at the conclusion of camp. In addition, your child will also be asked to participate in a focus group the last day of camp and that discussion will be audio recorded. It will take your child about one hour to take part in this study.

Risks and Discomforts

We do not know of any risks or discomforts to your child in this research study. Some of the information shared in the group discussion may be personal, we will ask your daughter not to share any information that would embarrass her if other girls in the group repeated what was said after the discussion ends. Likewise, we will ask the girls to respect the privacy of others taking part in the group discussion. They may refuse to answer any questions or leave the discussion at any time if they become uncomfortable

Possible Benefits

Your child may receive minimal benefits from participating in the research study that is a component of the Finding Your Voice program. Benefits from taking part in the *research* portion of the program may include a greater awareness of their own attitudes and behaviors tied to self-efficacy (perceptions of abilities/confidence) and their perceptions of the types of physical activities that are appropriate for girls and boys. This *program* is an outcome-based program intended to improve your child's self-efficacy and to introduce to her to a wide variety of physical activities. Potentially, by being involved in the program your child may receive any or all of these outcomes.

The program is also intended to increase your child's knowledge about such subjects as healthy eating, physical activity, and nontraditional leisure and career pursuits. This increased knowledge is also a potential benefit your child may receive. The research tied to the program may help us to understand the outcomes participants receive by taking part in the Finding Your Voice program. Because this research also serves as part of the evaluation component of the Finding Your Voice program, any feedback we receive will help us to improve the program for the future as well as adding to the body of literature addressing outcome-based programming.

Protection of Privacy and Confidentiality

All forms with your child's information will be stored in Dr. Anderson's office in a locked cabinet. Each participant will be assigned an identification number to verify a parent or guardian has completed a consent form and the participant has completed an assent form. This identification number will ensure that your child's name is removed from the data collected during the study. The results of this study may be published in scientific journals, professional publications, or educational presentations; however, no individual participant will be identified. All audio recordings will be destroyed after typed transcripts of the focus groups have been made and no longer than five years after the conclusion of camp. No personally identifiable information will appear on the transcript.

In rare cases, a research study will be evaluated by an oversight agency, such as the Clemson University Institutional Review Board or the federal Office for Human Research Protections, that would require that we share the information we collect from your child. If this happens, the information would only be used to determine if we conducted this study properly and adequately protected your child's rights as a participant.

Choosing to Be in the Study

Your child does not have to be in this research study. You do not have to let your child be in the study. You may tell us at any time that you do not want your child to be in the study anymore. Your child will not be punished in any way if you decide not to let your child be in the study or if you stop your child from continuing in the study. Your child's participation in camp will not be affected by any decision you make about them taking part in this study.

If you choose to have your child stop taking part in this study, the information your child has already provided will be used in a confidential manner. We will also ask your child if they want to take part in this study. Your child will be able to refuse to take part or to quit being in the study at any time.

Contact Information

If you have any questions or concerns about this study or if any problems arise, please contact Denise Anderson at Clemson University at 864-656-5679.

If you have any questions or concerns about your child's rights in this research study, please contact the Clemson University Office of Research Compliance (ORC) at 864-656-0636 or irb@clemson.edu. If you are outside of the Upstate South Carolina area, please use the ORC's toll-free number, 866-297-3071.

Consent

I have read this form and have been allowed to ask any questions I might have. I give permission for my child to be in this study.

Parent's signature: _____ Date: _____

Print Parent's name: _____

Print child's name: _____

A copy of this form will be given to you.