



GENERAL INFORMATION

All Athletes Must Be Pre-Registered. There will be no on-site Registration.

The Palmetto Games are a multi-sport competition for individuals with various disabilities. Youth and adults with any physical impairments are eligible to compete, as well as veterans with any service-connected impairments. Athletes interested in competing in multiple events must be aware that event directors may not be able to schedule heats from various sports in non-overlapping ways. When the final event schedule comes out, if you have overlapping heats in different sports, *please contact the event director immediately.*

Hotel Information:

\$119+tax/night

Tru By Hilton Seneca-Clemson
13050 Clemson Blvd., Seneca SC 29678
864-280-8819

Use this booking link to book rooms no later than **11:59 on March 21, 2024**:

https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=CLTCLRU&groupCode=CUPA_L&arrivaldate=2025-04-19&departuredate=2025-04-20&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT

Air Rifle:

Our air rifle event will be a Level 2 sanctioned event, which is a qualifier for Move United Nationals. Different heats will be arranged for veteran and youth athletes. Athletes will shoot from 10 meters in a prone (sitting) or standing position, 20 shots total. Match times will be approximately 60 minutes. **Air rifle equipment is available, but athletes are able to bring their own air rifles and must have them registered with the event director at athlete check-in. There are no youth sized air rifles available. Youth wanting to participate in air rifle must use regular sized rifles but may be able to rest the rifles on support stands in some instances.** Read more about air rifle here:

<https://moveunitedsport.org/sport/shooting/>

Swimming:

Our swimming competition will be a Level 2 sanctioned event, which is a qualifier for Move United Nationals. The pool will be set-up as a deep water, six lane 25 M course with hand or electronic timers. During the course of the meet there will be two deep water lanes available for pool entry and exit, as well as warm-up or cool-down. Locker room facilities are available, but swimmers must provide their own locks. **Swimmers under the age of 18 MUST be accompanied into the locker rooms by a parent/guardian or caregiver.** Palmetto Games and Clemson University are not responsible for lost, damaged, or stolen property. Read more about swimming competitions here:

<https://moveunitedsport.org/sport/swimming/>

Track & Field:

Our track competition will be a Level 2 sanctioned event, and field events will be a Level 3 competition. Both are qualifiers for Move United Nationals. You must bring your own racing chair to the competition, as we do not have any loaner equipment. Helmets will be required for all track events, and athletes will be



expected to bring their own. Some throwing chairs will be available but bring your own if you have it. Some throwing implements will be available, but please bring your own if you have them. Read more about track and field here: <https://moveunitedsport.org/sport/track-and-field/>

Transportation and Parking

Competitors, coaches, and visitors are responsible for their own transportation. Parking on Clemson's campus is free on the weekends, and directions will be provided as we get closer to the event for best parking locations in relation to competition venues.

Dress Code:

All athletes will be expected to dress according to the rules of competition. It is the responsibility of each athlete to know the dress code for each event in which they wish to compete. Failure to comply will result in possible DQ according to the National Governing Board (NGB) rules.

Water and Shade:

The head of each team/delegation and individual athletes should plan to bring water and shade tents for their individual teams and athletes.

Honest Effort: The Honest Effort Rule will be in effect for the Palmetto Games. In other words, if the Officials and Director determine that an athlete intentionally missed an event without scratching the night before and does not have a medical reason for scratching, he/she can be disqualified from all remaining events in that sport.

Sports Rules: The rules in the Move United rulebook and each US NGB will be enforced during all events. All competitors are expected to know the rules of each sport in which they compete as this is a sanctioned event.

Protest:

A protest procedure will be in effect. A **\$25.00 filing fee** will be required when submitting the protest. Protests must be submitted according to the appropriate sport rules. This filing fee will be refunded if the protest is upheld or the fee will be forfeited if the protest is declined.

Conduct:

Clemson Adaptive Sports and Recreation reserves the right to withdraw an athlete (or coach) from further competition (or the event sites) for profanity, abusive behavior or other inappropriate conduct. Absolutely **NO** alcohol or tobacco is to be used in the competition areas by athletes, coaches, support staff, parents, or spectators.

Lost and Found will be located with the event director, Jasmine Townsend. Please call 435-760-5021 or email intowns@clemson.edu if you get home and realize you have lost something.