

GETTING READY FOR CAMP



Payment policy/information

A deposit (payable to Clemson University) must accompany the application (see specific camp application for amount details). A full refund will be given with written notice of cancellation received by January 15th. Until May 1st, camp fees are refundable minus the deposit. After May 1, no refund will be given.

Healthcare and Medical treatment:

Every camper is required to have a medical examination by a physician within one year of camp. Parents or guardians must complete health history forms, which will be forwarded to the camper upon acceptance of an application for attendance. If undue financial hardship is created by this requirement, contact the camp office. *No camper may be accepted without a completed and signed health history, permission to treat and medical form.*

Camp employs registered nurses that live in our camp health center. We operate the health center as a first aid station. The camp nurse is on duty at all times. Our camp physician or Redfern Health Center on the main campus of Clemson University is available for consultation. The nurses confer with the cabin staff on the daily health habits of campers and they also advise the administration regarding health matters. If our nurse or the camp physician thinks a camper needs treatment that we are unable to provide at camp, we have care available through Redfern Health Center or Clemson Health Center. We will notify you at once by phone if your child must stay in our health center overnight or has an accident.

Medications:

CONFIRM THAT AN ADEQUATE AMOUNT OF MEDICATION is packed for the entire session. Any remaining medication will be returned and packed in the luggage. Nurses will dispense medications beginning with Sunday supper and ending with Saturday breakfast. Please be sure that all medications due before supper on arrival day have been given before you leave. We cannot accept medications that are labeled with the camper's name and medication name. **PLEASE follow the directions in the Medication Labeling section to unit does medications and bring original prescription bottles so the nurse can verify medications.**

PACKING

Outdoor Lab Packing List:

_____	1	set of bedding (twin bed)
_____	1	pillow
_____	1	pillowcase
_____	1	blanket
_____	1	laundry bag
_____	1	Sleeping bag (optional)
_____	1	toiletry kit (toothbrush, toothpaste, shampoo, bodywash, deodorant, etc.)
_____	1	hairbrush
_____	1	pair of tennis shoes
_____	1	pair of water shoes w/ backstrap (sandals, crocs, etc.)
_____	9	pairs of socks (initial each sock)
_____	2	pairs of pajamas
_____	9	pairs of underwear
_____	2	swimsuits (one-piece for girls)
_____	1	pair of long pants
_____	6	pairs of shorts
_____	6	t-shirts
_____	1	long-sleeve shirt
_____	1	lightweight jacket
_____	1	raincoat
_____	1	sunscreen
_____	2	bath towels
_____	1	pool towel

Packing Instructions:

- Pack simply and limit luggage size to one large plastic storage container (preferred) or one large suitcase.
- Do not bring any electronics, food, or dangerous items. Any of these brought with the camper will be confiscated and returned at the end of the week.
- Clearly label all of your child's clothing to prevent loss of personal items (we suggest putting initials on tags and in discrete places with a permanent marker). The Outdoor Lab is not responsible for items lost or stolen.

What not to bring:

- Cell Phones
- Portable music players/electronics
- Video Games
- Money
- Other valuables
- Food or Drink

ARRIVAL AND DEPARTURE

Arrival day:

Check in time is from 2:00 to 4:00 pm on arrival day. The camp staff will not be on duty until 2:00 pm. Vehicles arriving before 2:00 pm will be stopped at a checkpoint along the camp road until the start of registration. Please follow the 15 mph posted speed limit within camp and follow the signs to your designated camps registration area.

Departure day:

Please plan to arrive between 9:30 – 11:00 am. Once you arrive, please check in with a Head Counselor before proceeding to your camper's cabin. Please follow the 15 mph posted speed limit within camp.

WHILE AT CAMP

Birthdays:

We celebrate birthdays at camp! Your camper will be sung to and will enjoy birthday cake with all of camp. If your camper has a birthday while at camp, you may leave a card or small gift with the camp office on opening day and our staff will deliver it.

Visitation/phone:

Campers may not have visitors. Unexpected visits of family and friends may have a tendency to create homesickness. Campers are not allowed to use the phone during camp. Letter writing is strongly encouraged.

Address all mail to the camper at this address:

Campers Name & Name of Camp

Outdoor Lab

Clemson University

Clemson, SC 29634-0737

In the interest of fairness, we request that packages not be sent to campers. Please remind other family members and friends to not include food, candy or gum in letters. Any package received will be returned to the sender.

Cabin placement:

Campers will be placed in cabins with campers of similar age and ability. Roommate requests will be considered, however, are not guaranteed.

Expectations:

We expect our campers to be positive participants in our camp community. Inappropriate language, behavior that is harmful to themselves or others, and destruction of personal or camp property will not be tolerated.