



**Barry Garst, Ph.D.**

**Associate Professor, Youth Development Leadership,  
College of Behavioral, Social & Health Sciences**

- Has been at Clemson since 2014.
- Served as the Director of Program Development and Research Application for the American Camp Association for 7 years.

Dr. Garst's applied research focuses on critical and emerging issues facing the out-of-school time community of youth, staff, parents, and program providers. He also serves as Research Chair for the Association of Camp Nursing, examining factors impacting health and safety outcomes for youth and staff within the context of summer camp. Recent research has explored overparenting among parents of early adolescents, parent anxiety associated with summer camp experiences, and effective camp health care practices following the onset of the COVID-19 pandemic.

Visit Dr. Garst's [faculty page](#).



*The mission of the Sonoco FRESH initiative is to develop innovative solutions by engaging the collective intellectual capital and purposeful collaboration of experts from academia, industry and thought leaders across the entire food value chain.*