

MEREDITH G. A. EICKEN, MD, MPH

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HOSPITAL APPOINTMENTS

Med-Peds Primary Care Physician Greenville Health System Internal Medicine and Pediatrics Greenville, SC	9/2017 -
Med-Peds Primary Care Physician Revere HealthCare Center, Massachusetts General Hospital Revere, MA	9/2015- 6/2017
Physician Moonlighter Chelsea Urgent Care, Massachusetts General Hospital Chelsea, MA	5/2015- 4/2016
Newborn Hospitalist Moonlighter Pediatrics, Newton Wellesley Hospital Newton, MA	5/2016 -1/2017

FACULTY APPOINTMENTS

USC School of Medicine Greenville Clinical Assistant Professor Greenville, SC	3/2018 -
Harvard Medical School Instructor in Medicine Boston, MA	7/2015- 6/2017
Massachusetts General Hospital Assistant in Medicine Assistant in Pediatrics Boston, MA	7/2015 -6/2017

POST GRADUATE TRAINING

Kraft Fellowship in Community Health Leadership Partners Healthcare Med-Peds Primary Care, MGH Revere Healthcare Center Boston, MA	7/2015- 6/2017
Resident Physician Chief Resident , Internal Medicine-Pediatrics PGY 1-4 , Internal Medicine-Pediatrics Resident Massachusetts General Hospital Boston, MA	6/2014 - 6/2015 7/2011 - 6/2015

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EDUCATION

Harvard T.H. Chan School of Public Health Masters of Public Health in Health Policy Boston, MA	<i>7/2015 -5/2017</i>
Vanderbilt University School of Medicine Doctor of Medicine Nashville, TN	<i>8/2007 - 5/2011</i>
Washington University in St. Louis BA, Biology and Spanish St. Louis, MO	<i>8/2003 - 5/2007</i>

LICENSURE AND CERTIFICATIONS

Board Certified, Internal Medicine	<i>8/18/2015 -</i>
Board Certified, Pediatrics	<i>10/9/2015 -</i>
Full License, South Carolina Board of Registration in Medicine	<i>6/2017 -</i>
Full License, Massachusetts Board of Registration in Medicine	<i>3/2015 - 5/2018</i>
BLS	<i>9/2017 -</i>

HONORS AND AWARDS

Primary Care Excellence in Teaching Award, GHS	<i>2018</i>
John J.W. Fangman Med-Peds Mentorship Award, MGH	<i>2016</i>
Swartz Initiative Humanism in Medicine Award, MGH	<i>2015</i>
Massachusetts General Hospital for Children Senior Teaching Award	<i>2015</i>
Howard King Award, Outstanding Compassionate Patient Care at Newton-Wellesley	<i>2013</i>
President's Prize for Value-Based Healthcare Delivery, Massachusetts General Hospital	<i>2013</i>
Alpha Omega Alpha, Vanderbilt University School of Medicine	<i>2011</i>
Canby Robinson Society Ideal Physician Award, Vanderbilt University	<i>2011</i>
Leonard Tow Humanism in Medicine Award, Arnold P. Gold Foundation	<i>2011</i>
Dean's Award, Vanderbilt University School of Medicine	<i>2011</i>
Victor H. Farwell Excellence in Progressive Leadership Award at Washington University	<i>2007</i>

LEADERSHIP POSITIONS

Associate Program Director Internal Medicine-Pediatrics Residency Program Greenville Health System	<i>10/2018 -</i>
<ul style="list-style-type: none">• Assist Program Director with all aspects of resident mentorship, education and support• Review applications and interview residency program candidates• Developed afternoon workshop on management of behavioral health conditions in primary care	
Physician Champion, Infrastructure Diabetes Care Redesign Team Greenville Health System	<i>4/2018 -</i>

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- Physician leader of workstream charged with improving the infrastructure for care of patients with diabetes with the goal of improving health outcomes regionally
- Developing organizational structure and educational training plan leveraging use of paraprofessionals to augment educational outreach and improve population health for individuals with diabetes and pre-diabetes

Assistant Program Director

4/2016 - 6/2017

Internal Medicine-Pediatrics Residency Program
Massachusetts General Hospital

- Supported all aspects of resident education and professional development
- Created an interactive online platform including a discussion board to increase engagement and active learning in the ambulatory curriculum
- Served as the faculty liaison to the Harvard Center for Primary Care

Chief Resident

6/2014 - 6/2015

Internal Medicine-Pediatrics Residency Program
Massachusetts General Hospital

- Coordinated weekly conferences, organized residency retreat, and collaborated with categorical Chief Residents to promote educational needs of residents
- Enhanced program for peer mentorship and developed and led clinic specific retreat at MGH Revere for residents and preceptors
- Interviewed all candidates for the MGH Med-Peds Class of 2019

Chair of the Vanderbilt School of Medicine Honor Council

5/2010 - 5/2011

- Educated the student body on responsibilities and oversaw hearings

Vice President, Vanderbilt School of Medicine Class of 2011

5/2009 - 5/2011

- Elected on a yearly basis to serve as class representative
- Organized regular class-wide community outreach projects

Shade Tree Family Clinic

Vanderbilt Medical Student Run Free Clinic
Nashville, TN

- Co-Executive Clinic Director

1/2008 - 5/2009

- Coordinated all aspects of patient care, health promotion programming, and volunteer experience at this student run free clinic for the medically underserved providing more than 1,300 patient visits annually
- Improvements included launch of co-location of subspecialty care, expansion of diabetes management program, and doubling in patient volume
- Developed trainee simulation sessions and conferences to improve care
- Secured \$37,500 in grant funding and \$30,000 in private donations

- Advisory Board Co-Chair

5/2009 - 6/2010

- Recruited an interdisciplinary group of stakeholders including clinicians, trainees, community leaders, and patients and led quarterly board meetings

- Physician and Nurse Practitioner Recruiter

4/2010 - 5/2011

- Ensured appropriate volunteer provider staffing and founded a dedicated group of Senior Clinical Care Leaders to improve care and education

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ACADEMIC PROJECTS

Does the Provision of Medically Tailored Meals Improve Diabetes Outcomes? 10/2018 –

- Collaborating with Dr. Meenu Jindal (GHS) and researchers from Clemson University (Dr. Lu Shi) and Tufts University (Dr. Fang Fang Zhang) to apply for grant funding for an RCT to compare outcomes of lifestyle strategies (medically-tailored meals vs usual nutrition counseling and care) in improving diabetes outcomes in vulnerable adult populations

Screening and Addressing the Social Determinants of Health 7/2018 –

- Working with collaborators from the Accountable Communities program at GHS and USC Arnold School of Public Health to design a program and evaluation of a new initiative to screen patients for key social determinants of health, connect them with community based resources utilizing a digital tool, and track outcomes

FoodShare Program 3/2018 –

- Clinical champion at the Internal Medicine Clinic of this clinical-community partnership to increase access and affordability of fresh produce by enabling purchase and pickup of low cost fresh produce boxes for vulnerable patients
- Collaborating with researchers from USC Arnold School of Public Health to analyze and assess impact
- Applying for grant funding with a team including collaborators from Clemson University (Dr. Marge Condrasky) and USC Arnold School of Public Health to expand FoodShare program in the pediatrics clinic and augment programming by developing a culinary education program for low-income families at-risk of metabolic disease

Social Determinants Amongst Adult Patients 7/2015 – 6/2017

A Pilot Study for Health Promotion Interventions (PI)

- Conducted IRB-approved study measuring food insecurity and health literacy in overweight adult patients, as well as qualitatively assessing patients' perception of barriers and strengths to achieving a healthy lifestyle through individual interviews to guide future clinic and community based interventions
- Developed collaboration with Project Bread, a local non-profit, to enable universal screening for food insecurity in clinic with bidirectional referrals for outreach and assistance to families who screen positive

Pediatric Evidence: The Practice Changing Studies 2/2014 - 1/2016

- One of the three editors of a book published 2016 by Wolters Kluwer containing concise summaries and commentaries on the 100 key articles in Pediatrics
- Solicited expert input and assembled list of 100 articles, recruited faculty and resident authors, and reviewed and edited all chapters prior to publication

Shared Decision Making: Pilot of Patient Triggered Ordering 5/2012 - 3/2014

- Piloted an initiative of patient triggered ordering of video clinical decision aids during annual exams in the MGH Revere Med-Peds practice
- Increased use of decision aids 15-fold without increased provider workload
- Manuscript in progress of being revised for submission

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Collaboration in Medical Education & Pediatric Clinical Care in Uganda 2/2014
Mbarara Regional Referral Hospital

- Worked with Ugandan colleagues at Mbarara Regional Referral Hospital in the Pediatrics ward
- Co-developed asthma management algorithm and piloted interactive online case conference to facilitate discussion on management of complex cases

Assessing the Pregnancy Risk Factors and Healthcare Challenges of Pregnant Latina Adolescents 11/2007 - 5/2011

- Surveyed and conducted focus groups with pregnant Latina adolescents working in conjunction with the Nashville public health department and Vanderbilt University

SCHOLARSHIP

PEER REVIEWED PUBLICATIONS

- 1) Nichols MJ, Hartlein JM, **Eicken MGA**, Racette BA, Black KJ. "A fixed-dose randomized controlled trial of olanzapine for psychosis in Parkinson disease." *F1000Res*. 2013 Jul 9;2:150. doi: 10.12688/f1000research.2-150.v1. PMID: 24627787
- 2) Sharma MK, Mansur DB, Reifenberger G, Perry A, Leonard JR, Aldape KD, **Albin MG**, Emmett RJ, Loeser S, Watson MA, Nagarajan R, Gutmann DH. "Distinct genetic signatures among pilocytic astrocytomas relate to their brain region origin." *Cancer Res*. 2007 Feb 1;67(3):890-900. PMID: 17283119

NON-PEER REVIEWED PUBLICATIONS IN PRINT OR OTHER MEDIA

- 1) Carter LP, **Eicken MGA**, Madhavan VM, eds. *Pediatric Evidence: The Practice Changing Studies*. Wolters Kluwer, 2016. ISBN-10: 1496333314.
- 2) **Eicken, M**, Simmons L. Abnormal Uterine Bleeding. In: Kiefer MM, Chong CR, eds. *Pocket Primary Care: A Massachusetts General Hospital Handbook*. Lippincott Williams & Wilkins, 2014. ISBN-10: 1451128266.
- 3) **Eicken, M**. Infectious Disease. In: Carter L, Jacques A, Obando A, Eds. *The Pediatric PubList: A Collection of Sentinel Pediatric Literature*. IKON/MGH; 2014. (wrote synopsis and commentary for 3 articles)
- 4) **Eicken M**, Obando A, Yoon YH. Primary Care and Adolescent Medicine. In: Prasad, P ed. *Pocket Pediatrics: The Massachusetts General Hospital for Children Handbook of Pediatrics*, 2nd Edition, Lippincott Williams & Wilkins, 2013. ISBN-10: 1451151527.
- 5) The White Book: Massachusetts General Hospital Department of Medicine Housestaff Manual
 - Topic co-editor: Chronic Obstructive Pulmonary Disease; Hyperkalemia. July 2014.
 - Topic co-editor: Diabetic Ketoacidosis; Empiric Antibiotic Regimens. July 2012
- 6) **Eicken M**, Case Author In: Podrid P et al. *Podrid's Real World ECGs*, www.realworldecgs.com. Cardiotext Publishing, 2012. (case author of 3 interactive ECG cases)

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ABSTRACTS AND POSTER PRESENTATIONS

- 1) Stancil M and **Eicken M**. "Empowering Multi-Stakeholder Engagement to Improve Diabetes Care and Community Education".
 - Invited platform presentation at DHEC Farm to Institution Conference. Greenville, SC. August 29, 2018.
- 2) **Eicken M**. "Needs Assessment and Development of Clinical-Community Partnerships to Support Healthy Nutrition and Combat Food Insecurity".
 - Poster Presentation at Kraft Center for Community Health Leadership 5-Year Celebration. Boston, MA. June 8 2017.
- 3) **Eicken M**. "Building Clinical-Community Partnerships to Combat Food Insecurity".
 - Poster Presentation to Community Catalyst. Boston, MA. March 31 2017.
- 4) Madhavan V, **Eicken M**, Carter L. "Pediatric Evidence: The Road to Publication".
 - Platform Presentation at MGHfC Pediatric Medical Education Summit. September 8 2015.
- 5) **Eicken M**, Simmons L, Leavitt L, Sepucha K, Pasinski R. "Pilot of a Patient Triggered Ordering System for Clinical Decision Aids in a Community Health Center".
 - Poster Presentation at New England meeting of Society of General Internal Medicine. March 7 2014.
- 6) **Albin MG**, Miller BM. "A Fourth Year Longitudinal Elective in a Student Run Free Clinic".
 - Poster Presentation at Regional Meeting of the Southern Group on Education Affairs. Houston, TN. April 15 2011. (*not present*)
- 7) Shepard M, Deschner B, **Albin MG**, Shah A, Patel R, Sastre BA, Miller R. "Successes, Ongoing Challenges, and Lessons Learned from the Shade Tree Clinic: Student and Faculty Perspectives".
 - Panel Platform Presentation at 2011 Southern/Northeast Joint Program of the Group on Student Affairs/Organization of Student Representatives/Southeast Area Advisors for the Health Professions. Nashville, TN. April 10 2011.
- 8) Eckstrand K, **Albin MG**, Pilarski PP. "Working in Concert: Fostering Student Led Programmatic Experiences".
 - Plenary Platform Presentation at Southern/Northeast Joint Program of the Group on Student Affairs/Organization of Student Representatives/Southeast Area Advisors for the Health Professions. Nashville, TN. April 10 2011.
- 9) **Albin MG**. "Assessing the Pregnancy Risk Factors and Healthcare Challenges of Pregnant Latina Adolescents".
 - Poster presentation at Pediatric Academic Societies Conference, Vancouver, Canada, May 1 2010.
- 10) **Albin MG**. "Assessing the Pregnancy Risk Factors and Healthcare Challenges of Pregnant Latina Adolescents".
 - Poster presentation at the Emphasis Forum, Nashville, TN, May 2009.

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11) **Albin MG**, Peltz A. "Comprehensive Diabetes Care: The Patient Health Educator Program at the Shade Tree Family Clinic".

- Platform presentation at the Sharing the Vision Conference, Omaha, NE, March 28 2009.

EDUCATIONAL MATERIALS AND REPORTS

1) "Sacral Dimple", 2013.

- Author of two handouts, one for patients/families and one for providers, published on CARMA (Child and Adolescent Resource Materials Website).

2) **Eicken M**, Kaplan J. Pediatric Acute Liver Failure, 2013.

- Co-author of simulation case for residents, Massachusetts General Hospital *for* Children

OTHER SCHOLARLY CONTRIBUTIONS

1) Cooper C, Baron J.* "Case 4-2015-A 49-Year-Old Man with Obtundation Followed by Agitation and Acidosis." *N Engl J Med.* 2015 Jan 29;372(5):465-73. doi: 10.1056/NEJMcpc1410940. PMID: 25629745 (*case presenter and assisted with manuscript preparation)

COMMITTEE SERVICE

USCSOMG Community Engagement Task Force 7/2018 -

- Member of multidisciplinary council aimed to assess and increase impact of community engagement efforts of medical students

GHS Pediatric to Adult Transitions Committee 9/2017 -

- Member of this multidisciplinary task force aimed to improve care transitions from pediatric to adult medicine
- Serve as a clinical champion for the asthma transition program at the Internal Medicine Clinic

Piedmont Health Foundation, Greenville, SC 1/2018 -

- Elected to the board of this local philanthropic foundation aimed at improving the health outcomes in Greenville County, with a focus on transportation as a social determinant of health

Healthy Living Collaborative, MGH Revere HealthCare Center 1/2017- 4/2017

- Member of multidisciplinary council at the health center to champion promotion of clinical and community mission to enhance healthy lifestyles

Community Council, Massachusetts General Hospital Dept of Medicine 7/2016-4/2017

- Invited to be representative on this council overseeing programming and initiatives to improve care of vulnerable populations, enhance community partnerships, and support engaged faculty at MGH

Sustainability Council, Massachusetts General Hospital Dept of Medicine 7/2016 -4/2017

- Member of committee charged with determining best practices for implementation of Primary Care Medical Home initiatives hospital-wide with the goal of improving patient care as well as provider satisfaction

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First 1,000 Days Executive Committee Member 12/2015-4/2017

- Member of committee of clinicians, community partners, child development specialists, and outreach workers at MGH Revere determining best practices for local implementation of a multi-site childhood obesity prevention initiative in vulnerable families from low-income communities

DRIVE (Designing Pediatric Residency Innovation, Vision, & Educational Goals) 7/2013 - 6/2015

- Participated in this committee that strives to improve educational experience in Pediatrics residency at Massachusetts General Hospital *for Children*

Community Outreach Program, Co-Coordinator 7/2013 - 6/2015

- Organized regular service events and donation drives for Internal Medicine Residents at Massachusetts General Hospital

YMCA National Board Nominating Committee Member 12/2007 - 6/2010

- Elected to serve on national board of 15 people responsible for recommending leaders to be appointed to the YMCA National Board

TEACHING

Pediatrics Teaching, GHS Children's Hospital

- Update from the AAP Legislative Advocacy Conference 7/2018
(presentation to GHS Pediatrics faculty, 45 minutes)

Internal Medicine Grand Rounds, GHS 4/2018

- Health Beyond Healthcare: How Food Insecurity Impacts Our Patients and What We Can Do About It (1 hour, CME eligible)

Internal Medicine Teaching, GHS

- Acute Kidney Injury 8/2018

Med-Peds Noon Conference Presentations, GHS (each 1 hour)

- Cases in Women's Health: Menopause 9/2018
- Thriving at the Internal Medicine Clinic 8/2018
- Caring for Patients with Severe Persistent Mental Illness in Primary Care 5/2018
- The Missing Link: Unspoken & Unrecognized Reasons for Non-Adherence 10/2017
- Cases in Women's Health: Unexpected Findings on GU Exam 10/2017

Medical Student Teaching, USCSOMG (each 1 hour)

- Social Determinants of Health, M4 Intensification Course for IM 4/2018
- Efficient Evidence Based Admissions, M4 Intensification Course for IM 5/2018

Frontline Case Conference, Department of General Internal Medicine 1/2017

- The Missing Link: Unspoken and Unrecognized Reasons for Non-Adherence (1 hour long CME eligible presentation)

Resiliency Curriculum Leader, Mass General Hospital *for Children* 7/2016-2/2017

- Led a 4 session series for Pediatric Junior residents on resiliency and mindfulness to enhance resident wellbeing and decrease burnout

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- Utilizes curriculum developed from the MGH Benson-Henry Institute Stress Management and Resiliency Training Program for Residents (SMART-R)

Pediatric Grand Rounds, Massachusetts General Hospital *for Children* 12/2014

- Presented case discussion at this CME accredited conference

“Case Records of the Massachusetts General Hospital”, Case Presenter 6/2014

- Presented case of patient with ethylene glycol ingestion and contributed to manuscript in NEJM as part of the Clinicopathological Conference series

Pediatrics Conference Presentations, Mass General Hospital *for Children* 2013 - 2015

- Overview of Population Health and Outreach in Pediatrics (1 hour, 5/2015)
- Morning Report Case Presentations (Evaluation of Hyperbilirubinemia in an Adolescent, “Cold Case” of Failure to Thrive in an infant, Myocarditis - 1 hour each, 5/2015)
- Report Back: Pediatric Clinical Care and Medical Education in Mbarara Uganda (1 hour co-presentation, 10/14)
- “Chief of Service” case presentation (1 hour group presentation, 11/2013)

Internal Medicine Conference Presentations, Massachusetts General Hospital 2014

- Transient Ischemic Attacks for the Internist (1 hour group presentation, 10/2014)
- Congenital Heart Disease for the Internist (1 hour group presentation, 4/2014)
- Cases from the Neurology Service (1 hour group presentation, 1/2014)

Med-Peds Conference Presentations, Massachusetts General Hospital 9/2012 - 7/2016

- Social Determinants of Health: Utilizing a Health Equity and Policy Framework to Understand a Clinician’s Role (1 hour, 7/2016)
- Cases from Senior On (1 hour, 6/2015)
- Board Review: Pulmonology (1 hour, 4/2014)
- Morbidity, Mortality and Improvement (1 hour, 7/2013)
- Case Conference: 4 year old female with fever and leg swelling (1 hour, 5/2013)
- Journal Club facilitator (1 hour, 9/2012)

Simulation Program, Massachusetts General Hospital 2013-2014

- Led cases for simulations for Internal Medicine Residents (>10 1 hour sessions)

Harvard CME Conference, “Emergencies and Procedures in Pediatrics” 12/2013

- Intraosseous Needle Placement: skills station instructor (3 hours)

Shade Tree Service Learning and Education Elective, Vanderbilt University 5/2010-5/2011

- Collaborated with Dr. Bonnie Miller, Dean of Health Sciences Education, to develop a new longitudinal elective to encourage service learning, leadership and training in education for fourth year medical students based at the medical student run free clinic

MENTORSHIP

Pediatrics Resident Mentor, GHS Children’s Hospital 8/2018 -

- Selected to be faculty mentor for 3 Pediatrics and Med-Peds residents

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Faculty Mentor, Resident as Teacher, Mass General Hospital for Children 1/2016–8/2016
• Served as faculty mentor for Senior Resident in Pediatrics during two week rotation block annually aimed to develop teaching and presentation skills

Faculty Coach, MGH Professional Development Coaching Program 7/2015-6/2017
• Coach for 1-2 Internal Medicine residents annually in this unique program designed to provide emotional and professional support to residents during the challenges of training utilizing principles of positive psychology

Resident Mentor 2013
• Mentored 2 third year medical students on the Internal Medicine Clerkship

Crimson Care Collaborative 2/2013-4/2014
• Gave lectures on ambulatory topics and co-precepted >5 clinic sessions at this medical student run free clinic at multiple sites in the community

COMMUNITY ELECTIVES AND CLINICAL EXPERIENCES

Zuni Indian Health Services 1-2/2015
Zuni, NM
• Participated in this 1 month clinical elective in rural community health

Mayan Medical Aid 2/2011
Santa Cruz La Laguna, Guatemala
• Provided care for the Mayan population living in remote communities via mobile clinics

Shade Tree Family Clinic, Vanderbilt Medical Student Run Clinic
Nashville, TN
- **Diabetes Case Manager** 8/2007-3/2008
• Worked with 4 patients with diabetes to ensure continuity of care and empower them in caring for their diabetes
- **Clinic Volunteer and Spanish Interpreter** 7/2007-5/2011

SEMINARS

Value-Based Healthcare Delivery 1/2013
• Selected to participate in this 2.5 day course for trainees on a value based approach to health care reform co-sponsored by Harvard Business School and the Partners Center of Expertise in Health Policy and Management