

# CLEMSON UNIVERSITY EUGENE T. MOORE SCHOOL OF EDUCATION ATHLETIC LEADERSHIP MINOR

## CURRICULUM 2009-2010

The Athletic Leadership Minor is designed to engage professional athletic leaders and coaches in serving the K-12 interscholastic athletic program needs. The minor will address the 8 domains of coaching competencies established by the National Association for Sport and Physical Education. Students participating in the minor are required to test for American Sport Education Program (ASEP) Coaching Certification. Those students passing the ASEP Examination will be listed with ASEP National Coaches Registry on the ASEP website ([www.asep.com](http://www.asep.com).)

A minor in Athletic Leadership will meet the following requirements:

1. AL349, AL350, AL361, AL362, AL353, AL376, and one of the following, AL371, 372, 373, 374, 375 or 377 for a total of 17 credits.
2. Successful completion of an Athletic Leadership Internship under the direction of the Athletic Leadership Coordinator. The Internship Experience will be a 60+ hour internship with a local interscholastic athletic program, or an approved sports program. It must be taken concurrent with any other Clemson University course. Many AL Internship experiences are for the duration of one sport season with local school districts.

### Athletic Leadership Program Minor Degree:

Required Courses:

**AL349** Principles of Coaching (3 credits)

(ASEP Online Certification Requirement, Principles of Coaching. All students are expected to pass the ASEP Coaching Principles written examination with a score of 80% or better as part of this course.)

**AL350** Scientific Basis of Coaching I (Physiology) (3 credits)

**AL361** Administration and Organization of Athletics (3 credits)

**AL362** Psychology of Coaching (3 credits)

**AL353** Theory of Prevention and Treatment of Athletic Injuries (3 credits)

ASEP Certification Requirement, Sport First Aid. Students are required to complete CPR&AED certification through their own arrangement. Includes AL353L; students must register for this course simultaneously.

**AL376** Strength and Conditioning for Coaches (1 credit)

**AL371-375, or AL377** Coaching Specific Sports courses (1 credit)

Select one coaching course from elective courses provided.

(Students must complete one NFHS/ASEP Sport Coaching Course of their choice through distance learning if they wish to complete NFHS/ASEP Bronze Level Certification requirements)

**AL400** Coaching Internship Requirement (Pass/Fail) \* (0 credits)

Approval required by AL Coordinator. Students must be enrolled in any other CU course concurrently.

17 credits Total

\* It is recommended that students have CPR/AED certification prior to completing a 60+ hour internship in coaching to fulfill the Athletic Leadership Minor Degree Requirement. Most internships are with a local school district and for the duration of one sport season.