

CLEMSON® 
STUDENT HEALTH SERVICES
LIVE WELL. LEARN WELL.

Counseling and Psychological Services
Overview of Services
September 22, 2020
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DIVISIONS



MEDICAL SERVICES



COUNSELING AND PSYCHOLOGICAL SERVICES



HEALTHY CAMPUS

Mission

- Student Health Services strengthens Clemson University by providing quality medical and mental health care, public health leadership and initiatives that enhance the academic success of our students and promote the health, safety and well-being of the campus community.
- Accredited by the Joint Commission.

CAPS overview

- Diverse mental health services to promote well-being and academic success.
- Stepped care model of service delivery with emphasis on brief, solution-focused interventions.
- Self-directed and therapist-assisted online treatments.
- Educational programming
 - Theme-specific workshops
 - Skills development groups
- Individual, group and family/couples counseling.
- Psychiatric Services.
- Diversity, in all forms, is celebrated.

Clinical Programs (13)

Individual
Assessment
Services

CU-Cares
Relationship and
Sexual Violence
Services

ACTT-Substance
Abuse Services

TAO Telemental
Health Services

Mood Disorders
Services

Clinical Programs

Group Services

Anxiety Disorders
Services

Dialectical
Behavior Therapy
Services

Psychological
Services for
Student Athletes

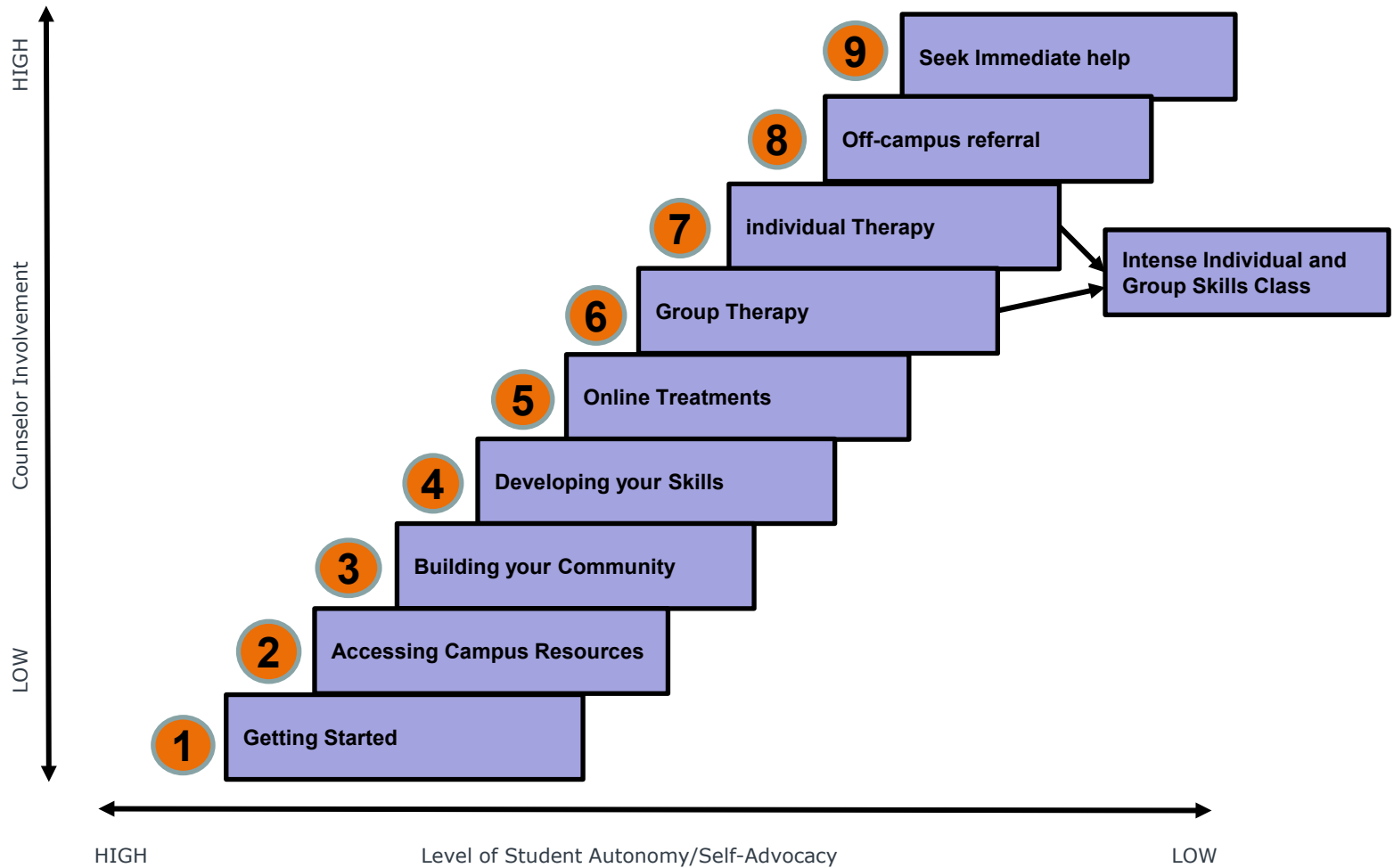
Psychological
Services for
Student Veterans

Psychiatric
Services
In-person and
Telepsychiatry

Eating Disorders
Services

Mind/Body
Integration
Services

CAPS Stepped Care



CAPS Staff

- 10 Psychologists
- 8 Licensed Professional Counselors
- 1 Licensed Marriage & Family Therapist
- 1 Licensed Masters Social Worker
- 1 psychiatrist on-site
- 5 part-time psychiatrists
through MUSC telepsychiatry
- Training Programs
 - 1 post-doctoral psychology fellow
 - 3 Psychology interns
 - 3 Counseling interns
- 2 Administrative support staff
- 1 part-time Licensed Professional Counselor



Access to CAPS Services

Primary mode of service delivery is Telemental Health

Access to care

- Call 656-2451 (CAPS front desk)
Monday – Friday, between 10 AM - 2:30 PM.
- Phone Screen
- Intake Paperwork
- Individual Assessment (IA)
 - Explore student's need
 - Arrive at diagnosis
 - Develop treatment recommendations
- CAPS on-call, for after-hours psychological emergencies, accessed through CUPD dispatch.

If the student's needs cannot be met remotely, they will be scheduled for on-site appointments. *Only a very small number of students will fall in this category.*

Live Well. Learn Well.

CAPS wishes you a very successful 2020-21 academic year. We look forward to collaborating with you and move beyond these unprecedented times together!

