

## Getting Involved

4-H staff and volunteers work together with youth to offer 4-H educational programs throughout South Carolina.

4-H offers membership and opportunities on an age appropriate basis to all youth, ages 5-19. Adults and teens can volunteer in a variety of roles to help youth learn while having fun.

Contact your County 4-H Extension office for a list of current clubs or to find out the four easy steps to start your own club.

**JOIN TODAY!**



### Help "Make the Best Better"!

To make a gift to 4-H or learn more about giving opportunities, contact Daniel Bozard at 864-656-2742 or [dbozard@clemson.edu](mailto:dbozard@clemson.edu)

### 4-H Pledge

*I Pledge*

*My HEAD to clearer thinking,  
My HEART to greater loyalty,  
My HANDS to larger service, and  
My HEALTH to better living for my club,  
my community, my country, and my world.*

### 4-H Motto

*To Make the Best Better*

### 4-H Slogan

*Learn By Doing*

**CLEMSON**  
EXTENSION


---

### South Carolina 4-H Youth Development

State 4-H Office  
210 Barre Hall  
Clemson, SC 29634

Phone: 864-656-3848  
Fax: 864-656-7595  
E-mail: [sc4h@clemson.edu](mailto:sc4h@clemson.edu)

4-H is the youth development program of the Cooperative Extension Service, a nationwide partnership of federal, state and county governments, and the private sector. The Clemson University Cooperative Extension service offers its programs to people of all ages, regardless of race, color, sex, religion, national origin, disability, political beliefs, sexual orientation, marital or family status and is an equal opportunity employer.



## 4-H Horse Program



### South Carolina 4-H Youth Development



S.C. State 4-H Horse Show

*4-H is a community of young people across America who are learning leadership, citizenship, and life skills.*

[www.clemson.edu/4h](http://www.clemson.edu/4h)

# 4-H Horse Program

Horse Projects Include: Horses, Ponies, Mules, and Equine Veterinary Science. Horse ownership is not required for these projects.

Through the 4-H Horse Program youth can learn how to

- Identify Breeds
- Locate Parts
- Halter break a Foal
- Give Emergency First Aid Care
- Select Feed Ingredients
- Control Parasites
- Proper Grooming
- Professional Showmanship
- The Judging Process
- Safety
- Nutritional Needs
- Anatomy
- Basic Care
- Breeding Practices
- and more



Chester County 4-Her

## 4-H Clubs

4-H Clubs meet on a regular basis to learn, explore and discover various things about a specific subject or several subjects. This is accomplished through:

- Meetings
- Activities
- Field Trips
- Guest Speakers
- Community Service



## 4-H Opportunities

- Presentation and Speech Contests
- Resume and Portfolio Development
- Quiz Bowl & Judging Contests
- Hippology Skills
- Horsemanship Training
- Fairs and Shows
- Camps
- Leadership Training
- Recognition Events
- And Much More....



Lexington County 4-Her

## Other Popular Project Areas

- Livestock
- Healthy Lifestyles
- Shooting Sports
- Wildlife and Forestry
- Sewing and Fashion
- Photography
- Technology and Computers

Youth who are involved with 4-H and horses become life long winners and models of success due to the variety of skills they learn. 4-H prepares them to become contributing members of society and horses are the medium through which they learn.

**HEAD:** Youth develop managing and thinking skills. 4-H projects involve youth in planning, organizing, goal setting and decision making. This teaches them wise use of resources, record keeping, problem solving, and resiliency.

**HEART:** Youth develop relating and caring skills. 4-H projects involve youth in social skills, cooperation and conflict resolution. This teaches them concern for others, empathy, accepting differences and communication.

**HANDS:** Youth develop giving and working skills. 4-H projects involve youth in responsible citizenship, community service and teamwork. This teaches them leadership, self-motivation and marketable skills.

**HEALTH:** Youth develop living and being skills. 4-H projects involve youth in healthy lifestyle choices, disease prevention, and personal safety. This teaches them character, responsibility, self esteem, self discipline and stress management.