



SEXUAL ASSAULT AWARENESS MONTH 2021

"Survivor Resource Campaign," a Weekly Podcast Series by It's On Us

Friday | Apr 2 | Spotify

Listen to leaders of It's On Us interview important figures and their role in providing resources for survivors of sexual assault. Podcasts are released every Friday at 5:00 AM EST. Find more information on instagram @itsonuscu

Follow My Lead Virtual 5K

Apr 3 - Apr 18 | Enter for a prize!

Join PCAC anywhere between April 3rd to April 18th to promote healthy relationships and take a stand against interpersonal violence. You can walk or run, then post your results using the #followmyleadvirtual5k hashtag and tagging @pcadvocacy. Use the following link to register: tinyurl.com/4h8nd5he

Trans and Non-binary Healing Space

Tuesday | Apr 6 | 6:00-7:30 PM

This event provides a space for transgender and gender non-binary students to talk about healing from their experiences of trauma, discrimination, or hardship. Discussion will be open to topics that students wish to discuss with the goal of creating healing, connection, and empowerment. Zoom link: tinyurl.com/e5fzr8ed

Bystander Intervention & Allyship Workshop

Wednesday | Apr 7 | 5:30 PM

Join us for a discussion on how to be an effective and active bystander and ally. We will practice bystander intervention techniques and share information about campus resources. Zoom link: tinyurl.com/2wazxf3

Art Therapy Session

Thursday | Apr 8 | 6:30 PM

Register for a community and healing-based therapeutic art session led by a licensed counselor. <https://tinyurl.com/rfvpwr5>

Black Women and Sexual Violence: A Discussion

Thursday | Apr 8 | 6:00-7:30 PM

Come have a discussion about the impact of sexual violence on Black women. We will discuss how we can heal from this specific trauma, and ways to try and prevent sexual violence within the community moving forward. Zoom link: tinyurl.com/3m598wxf

Supply Drive for Pickens County Advocacy Center

Apr 11-17 | Norris Hall

Items needed: power towels, lysol spray, 13 gallon trash bags, bottled water, adult coloring books, colored pencils, journals, and disposable coffee cups with lids

"Just Another Assault," Speaker Bonny Shade

Monday | Apr 12 | 7:00 PM

In her powerful program, Bonny takes an in-depth look at issues surrounding assault, r*pe culture, and healing. She describes how her personal journey has involved understanding acquaintance-based assaults, PTSD, and helping others find the truth in their own. REGISTER HERE: tinyurl.com/5ufvaxjk

Meditation and Mindfulness Yoga

CAPS will be releasing two pre-recorded meditations that can be accessed at any time in the comfort of your own home. One is a guided activity to relax the body and foster wholeness and vitality. The other is a guided relaxation to cultivate healing in the present moment and is geared toward survivors of trauma. These can be access at any time by following the link in @clemsun_ivp's instagram bio.

CUPD Tabling Downtown Clemson

Wednesday | Apr 21 | 11:00-1:00PM

Meet a victim advocate within CUPD and learn about her role in the process of helping survivors navigate the complicated system of reporting.

FINALE: SAAM Art Exhibit + Mural

Monday | Apr 19 | Cooper Library

Over the month of April, the Interpersonal Violence Prevention Office will be collecting works of art and putting together a hybrid, virtual and in-person art show to end off SAAM. We are accepting any and all mediums. Follow the link below to submit your work by April 16th.

<https://tinyurl.com/2zucnuac>

In the meantime, check out our SAAM mural in Cooper Library, painted by student Anna Wallace Clark. Take a picture with the mural, post it on instagram and tag @clemsun_ivp to get reposted!

