Healthy Habits Cooking Camp
Melting Pot: Culture and Cuisine

For 4 days youth will learn cooking skills, nutritional information, and meal planning considerations. They will prepare foods from 4 different countries and receive a Healthy Lifestyles Cooking Camp 2019 booklet that includes recipes as well as nutritional information and interesting cultural insights about the areas the recipes originated in.

Program partially funded by the Walmart Foundation

June 17th–20th
9 am – 2 pm each day
Staley Hall Kitchen
SC State University
Dept. Family & Consumer Sciences
Classroom: Staley Hall Kitchen
300 College St., NE
Orangeburg, SC
29115
Cost: $50
Ages: 7-14
Glenna Mason
4-H Agent
803-534-6280
gcmason@clemson.edu

Administration and instruction through
Clemson Cooperative Extension 4-H Youth Development

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